Statement of Purpose

Revised 14 November 2014

Service Provider ID: RTQ

Provider name: 2gether NHS Foundation Trust

Part 1. Provider's name, legal status, address and other contact details
Full name of service provider: 2gether NHS Foundation Trust **Legal status:** Organisation **CQC provider ID :** RTQ **Business Address:** Rikenel, Montpellier, Gloucester, GL1 1LY **Business Telephone:** 01452 894071 **Email:** trish.jay@glos.nhs.uk **Web address:** www.2gether.nhs.uk

Part 2. Aims and objectives
2gether NHS Foundation Trust (2gether) is a specialist trust providing social and mental healthcare services in Gloucestershire and Herefordshire. This includes providing assessment, signposting and emotional wellbeing support for people with long term conditions such as dementia, as well as the provision of learning disability services in Gloucestershire and drug and alcohol services in Herefordshire. We also provide Occupational Health services to public and private sector clients under our Working Well 2gether identity; and our Journey 2 Work and Back 2 Work services facilitate vocational opportunities and promote social inclusion for people in recovery. We serve a population of over 760,000 across 1,900 square miles. We support approximately 19,000 individuals at any one time and offer education and support to their carers and families. We were authorised by Monitor on 1st July 2007. The applicant organisation, Gloucestershire Partnership NHS Trust, was established ten years ago. We became 2gether NHS Foundation Trust in April 2008 as part of an initiative to pursue our purpose of 'Making Life Better' for individuals with learning disabilities and mental health problems. Our organisation's name is a statement of the philosophy that lies at the heart of how we work to deliver our services and achieve our purpose: together for our communities; together with our commissioners; and together to improve the emotional wellbeing of the people we serve. We invest time, energy and enthusiasm in building and sustaining effective partnerships which in turn provide connected solutions for our customers.

A key theme for the Trust is to promote the value of wider communications to help ensure that we can provide the right services, at the right time and the right place for people we serve.

As a Foundation Trust, we seek to ensure local accountability, ownership and control. Over 7,300 members play an important part in ensuring that the Trust is an integral part of the communities we serve. Our continued aim is to ensure that our members are engaged, well informed and consulted across a range of both national and local NHS initiatives.

Our vision is to offer services that are appropriate and desirable to individual consumers at a price commissioners can afford. We want to:

- Be the provider of choice for our customers and commissioners
- Be the employer of choice in a competitive employment environment
- Deliver high quality, cost effective services that are attractive to other commissioners and individual
- Ensure the long term stability and viability of the organisation

Our values are:

- Seeing from a service user and carer perspective
- Excelling and improving
- Responsive
- Valuing and respectful
- Inclusive, open & honest
- Can do
- Efficient, effective, economic and equitable

Our aim is to ensure that our service users, their families and carers are at the centre of everything we do:

- We believe in what we do and everything we do is to help make life better
- We keep our service users safe and provide compassionate , competent care that is close to their home
- We endeavour to deliver the best outcomes and experience for our service users and their carers.

We continuously review our clinical practice to deliver best practice packages of care and keep improving on our delivery of quality which is focussed upon safe and effective care where the person has a good experience. We aim to deliver upper quartile quality and financial performance amongst NHS mental health foundation trusts. We promise to use our Foundation Trust status to work together with our members so that local opinion remains at the heart of everything we do.

Part 3a. Locations where regulated activities are provided

Site	Address	Service Type
Rikenel Trust HQ Whole population	Montpellier, Gloucester, Gloucestershire, GL1 1LY	Community based services for people with mental health needs, learning disability and people who misuse substances (MHS/LDC/SMC)
Wotton Lawn Adults/People detained under MHA	Horton Road, Gloucester, Gloucestershire, GL1 3PX	Hospital services for people with mental health needs, learning disabilities and problems with substance misuse (MLS)
Honeybourne Adults/People detained under MHA	Swindon Road, Cheltenham, Gloucestershire, GL51 9EZ	Hospital services for people with mental health needs, learning disabilities and problems with substance misuse (MLS)
Charlton Lane	Cheltenham, Gloucestershire, GL53	Hospital services for people with

Centre Adults/People detained under MHA	9DZ	mental health needs, learning disabilities and problems with substance misuse (MLS) Community teams based on site
Westridge Adults/People detained under MHA	Horsemarling Lane, Standish, Stonehouse, Gloucestershire, GL10 3HA	Hospital services for people with mental health needs, learning disabilities and problems with substance misuse (MLS)
Hollybrook Adults/People detained under MHA	Berkley Close, Stroud, Gloucestershire, GL5 4UL	Hospital services for people with mental health needs, learning disabilities and problems with substance misuse (MLS)
Stonebow Unit Adults/People detained under MHA	Stonebow Road, Hereford, Herefordshire, HR1 2ER	Hospital services for people with mental health needs, learning disabilities and problems with substance misuse (MLS) Community team based on site
Oak House Adults/People detained under MHA	45 Barton Street, Hereford, Herefordshire, HR4 0AY	Hospital services for people with mental health needs, learning disabilities and problems with substance misuse (MLS)
Laurel House Adults/People detained under MHA	123 Swindon Road Cheltenham Gloucestershire, GL50 4NB	Hospital services for people with mental health needs, learning disabilities and problems with substance misuse (MLS)

Part 3. Regulated services provided and service provision

Regulated Activities

The CQC identifies fifteen types of regulated activity to cover all of health and social care. There are three types of regulated activities that cover the services within 2gether:

- **Treatment of disease, disorder or injury**
- **Assessment of medical treatment for persons detained under the Mental Health Act 1983**
- **Diagnostic and Screening Procedures**

Service Provision

We deliver a comprehensive range of integrated mental and social healthcare services to the populations of Gloucestershire and Herefordshire.

Our services are delivered through four directorates :

- Herefordshire services
- Gloucestershire Localities – with 3 localities (West, South and North)
- Gloucestershire Countywide Services
- Gloucestershire Children and Young People's Services

a) Herefordshire

We provide a comprehensive range of integrated mental health and social care services across the county. Our services are as follow:

a) Primary Care Mental Health Teams:
The teams provide assessment, advice, short term interventions and signposting to primary care to support the management and understanding of mental health issues, including the promotion of

positive emotional wellbeing.

b) Recovery Teams - providing community-based mental health service.
These teams offer a strong focus on the promotion of recovery, social care and personalised care planning. The teams deliver specialist secondary care for adults (18+)

c) Older Peoples Teams - providing community-based mental health service.
These teams deliver personalised care, based on the person's individual needs. This includes a memory assessment service.

d) Social care for adults and older people with mental health problems is provided by a dedicated team working in partnership with the above community teams.

e) Children and Adolescent Mental Health Team
This team provides a specialist emotional wellbeing and mental health service for all children and young people who are registered with a GP in Herefordshire. The service sees children and young people up to 18 years of age.

f) Specialist teams includes Early intervention, Assertive Outreach and Crisis and Home Treatment team, Drug and Alcohol services

g) Let's Talk – Improving Access to Psychological Therapies has a specific Herefordshire focussed service providing assessment, advice, short term interventions, group work and signposting to support the management and understanding of mental health issues, including the promotion of positive emotional wellbeing.

h) Adult inpatient care provided through inpatient beds on three wards in the Stonebow Unit and Recovery Beds based at Oak House

i) Learning Disability Health Services (excluding social care) provide assessment, treatment and personal support with a focus upon reasonable adjustments to enable people to access services.

b) Gloucestershire Localities

Services in our three localities in Gloucestershire are aligned to our local general practice surgeries and deliver local services to our communities through multidisciplinary and specialist teams. They are:

- One Stop Teams
- Intermediate Care Teams that include Primary Mental Health Care and the Let's Talk – Improving Access to Psychological Therapies
- Specialist services including Managing Memory & Hospital Liaison

<u>Gloucestershire One Stop Teams</u>

The One Stop Teams are community based teams that offer a strong focus on the promotion of recovery, social care and personalised care planning. The teams deliver specialist secondary care for adults (18+ including older people) with acute episodes of serious mental ill health and/or learning disability needs. The team's focus is to deliver personalised care, based on the person's individual needs by making reasonable adjustments where required to a range of evidence based mental health and learning disability care packages.

Services are delivered by professionals including psychological therapists with a specialism within Community Learning Disability; Recovery; and Older People Mental Community Mental Health care. Integrated social care is offered to adults over 18 years of age with mental health problems with general social care for older people being provided by Gloucestershire Care Services.

There are also Assertive Outreach Teams in each of the localities.

<u>Gloucestershire Intermediate Care Mental Health Services</u>

Our Primary Mental Health Care Teams and the Improving Access to Psychological Therapies service now are integrated into one primary care focussed mental health service. The teams provide assessment, advice, short term interventions, group work and signposting to primary care to support the management and understanding of mental health issues, including the promotion of positive

emotional wellbeing.

We also have a Managing Memory ^{2}gether service for memory assessment and management.

The teams work closely with the local One Stop Team to facilitate mental health recovery and support people with longer term conditions, such as stable psychosis within the primary care setting. Services are provided over the telephone, in general practice surgeries, service user homes and other community settings.

c) Gloucestershire Countywide Services

Gloucestershire countywide services provide acute and rehabilitation inpatient care for adults over 18 years old and older people across 4 sites. Also assessment and treatment, and habilitation support for people with a learning disability is provided in two designated units.

There are two main mental health inpatient units - Wotton Lawn and Charlton Lane Hospital. At Wotton Lawn there is Psychiatric Intensive Care within our Greyfriars Unit, a Low Secure facility and the Maxwell Centre, our Section 136 Assessment Suite.

The service also includes teams that provide crisis home treatment, and eating disorders.

d) Gloucestershire Children & Young People Services

Gloucestershire's Children and Young People service (CYPS) commenced on 1 April 2011, following a competitive tendering process by Gloucestershire County Council and NHS Gloucestershire (at the time). The service provides an enhanced and more accessible service that targets support to the particular needs of children and young people.

The service provides a specialist emotional wellbeing and mental health service for all children and young people who are registered with a GP in Gloucestershire. The service sees children and young people up to 18 years of age.

Usually children and young people referred are experiencing emotional wellbeing problems that significantly affect their ability to cope with normal stresses and demands of life. In addition, the service also accepts referrals for developmental disorders, eating disorders, bipolar disorders, psychosis, attachment difficulties, infant mental health problems, conduct disorders or when a young person is at risk of harming themselves.

The service has three directly employed teams of professionals delivering clinical care, which can be stepped up or stepped down according to the individual's current situation and emotional wellbeing. The services include:

- Inter-agency and vulnerable children team works pro-actively with partner agencies in specific areas including Looked after Children's mental health, Youth Offending, Understanding Sexual Behaviour, Substance Misuse, Family Court assessment, Complex Engagement, Infant Mental Health, Hospital Education and Paediatric Liaison.
- Level 3/3.5 service offers a range of interventions which minimise the risk of transition at a time of high need for service users and provide intensive home treatment.

Our partner, Action for Children provide an Access and Engagement Service with specific contributions to the delivery of the Parenting Programme, the Complex Engagement Service, the Learning Disability Service and support staff for the Level 3.5 Home Treatment Service.

Part 4. Name, address and nominated individual

Nominated Individual for the whole Trust : Mrs Trish Jay, Director of Quality

Full name of service provider: ^{2}gether NHS Foundation Trust

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