

Contacting the Crisis Resolution and Home Treatment Teams

Cheltenham, Tewkesbury and North Cotswolds

Lexham Lodge,
Copt Elm Road,
Cheltenham
GL53 8AG

Stroud and Cotswolds

Park House,
Park Road
Stroud
GL5 2JG

Gloucester and Forest

18 Denmark Road
Gloucester
GL1 3HZ

www.2gether.nhs.uk

Emergency contact details:

Cheltenham, Tewkesbury and North Cotswolds - 07659 140000

Stroud and Cotswolds - 0800 1690398

Gloucester and Forest - 01452 891227

Night team (10pm-7am) - 07659 113275

Become a member

Anyone aged 16 years or over and living in Gloucestershire can become a member of the our Trust.

With your help and feedback we can continue to develop our services, tackle stigma and challenge discrimination.

Membership is free.

For more information on becoming a member telephone 01452 891165 or visit www.2getherinclusion.nhs.uk/get-involved



If you would like further information, additional copies or would like to receive this leaflet in another language, large print or on audio format please contact the Trust Communications Team at Trust Headquarters, Rikenel, Montpellier, Gloucester, GL1 1LY. You can email us at 2gether.comms@glos.nhs.uk or call us on 01452 891604.

Working Age Adults



Crisis Resolution and Home Treatment Teams

About us

The Crisis Resolution Home and Treatment Teams (CRHTT) offer support and advice at times when you need an increased level of care.

What is a 'crisis'?

A crisis is when your mental health deteriorates and you find your usual coping strategies not working. At this point in time you may need extra care and support.

What is home based treatment?

Home treatment means the CRHTT visit you at least daily for a period of up to six weeks. We support you in your own home and so prevent hospital admission; unless this is required.

We can help talk through any problems you have and support you with any treatment which has been prescribed. Members of our team can also help you with any activities you are having difficulty with such as getting to appointments or jobs in your home.

How does home based treatment work?

If your GP or Care Co-ordinator feel you are unwell and need extra support they will contact CRHTT and we arrange to see you. This will often be with your Care Co-ordinator, family member or carer.



A plan of care will be agreed and reviewed on a regular basis. This helps you to understand how we will help.

Once you start to feel better the frequency of our visits will reduce gradually and finally you will either be referred to another team for ongoing care or discharged.

We're always here to help

We support you to stay in your community, surrounded by things that are familiar to you. This will help your recovery.

Our service is there for you 24 hours a day, seven days a week, all year round. We are always available if you need our help and support.

Our telephone numbers are on the back of this leaflet.

I am being admitted to hospital for further help, what is going to happen?

If you continue to feel unwell we will work closely with the staff at Wotton Lawn Hospital to arrange a hospital admission.

This will be in discussion with you and any significant others involved in supporting you.

We also help you to return home as quickly as possible and will if necessary support you on your discharge.

Who will look after me?

Our teams consist of several members of staff including Nurses, Social Workers, Psychiatrists and Community Support Workers.

You will have contact with a number of team members during our involvement. As our service is available seven days a week our staff work shifts.

The team will ensure there is continuity in who you see but this is not always be possible. If you are finding this difficult please discuss it with the team.

While you are in our care we will:

- closely monitor your mental health
- offer support, education and advice to your family/carer
- give practical support and assistance with daily activities
- assist with your medication management
- help you adopt effective coping strategies

