



FREEPOST RLYA-XAKR-HABZ
Membership Office
2gether NHS Foundation Trust
Rikenel
Montpellier
Gloucester
GL1 1LY



Join us
today



For more information about the Trust and the services we provide visit www.2gether.nhs.uk

Making life better

Tackle stigma, challenge discrimination

Public Membership Application Form

2gether
Making life better

2gether NHS Foundation Trust

1 in 4 of us experience mental ill health at some point in our life. The chances are that you may live with or know someone who has a mental health problem.

2gether NHS Foundation Trust is your local NHS provider of mental health, substance misuse and learning disability services.

Whether you are interested in helping to shape local NHS services or want to support our campaign to tackle the stigma that so often surrounds mental ill health, being a member of your Trust is a great place to start.

Why should I become a member?

We are focussed on working with our local communities to improve care, challenge stigma and promote emotional wellbeing. Your ideas and expertise could change our services for the better.

We always want to hear your views, ideas and experiences – these help us shape our services and your story can help others in their recovery. We would also like you to have a better understanding of your NHS and the decisions we have to make.

What do I get as a member?

- **The opportunity to vote in the Governor elections** – Every member can vote and you can even stand for election yourself
- **A chance to have your say** – By taking part in surveys, consultations and sharing your views with us
- **Our quarterly members' magazine** – Our magazine includes news, health tips and advice direct from our expert staff, real life stories and valuable information on our future plans
- **Invites to members' events** – These can range from wellbeing fairs, Board Listening Events and our Annual General Meeting

Your membership

Emotional wellbeing is everyone's business and everyone is different. As a member we will help personalise membership so that it is meaningful to you. We will also take note of how much or how little you want to be involved.

How can I join?

You can be a member of the Trust if you live in England and aged 11 years or older. Membership is free and you can join more than one Foundation Trust.

To let us know your details, please complete the attached form and post back to us or you can sign up online at www.2gether.nhs.uk/membership. Don't forget to tell your friends and family about the advantages of Trust membership and encourage them to join too.

When you join we will send you a welcome pack which includes your membership card, members' lapel badge, latest copy of the members' magazine and contact cards.

Application for membership

You can become a public member if you live in England and are aged 11 or over.

Your details

Title: _____ Forename: _____

Surname: _____

Address: _____

Postcode: _____ Date of birth: _____

Email: _____ Male Female

Ethnic origin: White: British Irish Other

Mixed: White & Asian White & Black African White & Black

Asian or Black Asian: Bangladeshi Indian Pakistani

Black or Black British: African Caribbean Other

Chinese or other ethnic group: Chinese Other

Do you consider yourself to have a disability? Yes No

Preferred method of contact Post Email

I consent to 2gether NHS Foundation Trust using my information to provide membership information, newsletters and updates.

Signature: _____

Date: _____

2gether NHS Foundation Trust collects personal information when you become a member of our Trust. We will not share your information.

For more information explaining how we use your information please see our full privacy policy at www.2gether.nhs.uk/privacy

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