

If you are receiving treatment from a drug worker you can have a **lockable medicine box**

to keep your methadone, buprenorphine, subutex, suboxone or other prescribed medication safe.

For more details please speak to your **Care Co-ordinator** or **key worker**.

### Useful contacts

#### Countywide Specialist Substance Misuse Service

West Gloucestershire Team	01452 891260
East Gloucestershire Team	01242 845614
Criminal Justice Drugs Team	01452 545779
Branchlea Cross	01242 845600

#### Primary Care Substance Misuse Service

Countywide Team	01452 523151
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CSSMS



Get a free  
lockable  
storage box

Safe storage of medication

[www.2gether.nhs.uk](http://www.2gether.nhs.uk)

**2gether**  
Making life better

Foundation Trust  
For Gloucestershire **NHS**

**Your child's safety  
is your responsibility  
alone.**

**Use a lockable  
medication box.**



### **DANGERS of prescribed medicine**

As little as 10mg of methadone could kill a child. This is only a couple of mouthfuls of sweet green liquid which can seem attractive to a small child.

Most methadone overdose deaths happen when people take someone else's methadone. Small doses of methadone are dangerous to an adult who is not used to taking it. A daily dose of about 50ml could kill an adult.

### **What to do if someone overdoses**

If anyone - especially a child - takes methadone which is not prescribed to them please call **999** for an ambulance immediately. You cannot reverse the effects without medical treatment.

To help reduce the risk of this happening please **get a free lockable medication box.**

### **If you are taking Methadone, Buprenorphine, Subutex, Suboxone or other prescribed medication and there are children at home:**

- Methadone, Buprenorphine, Subutex, Suboxone and other drugs must be safely stored at home. Keep medicines and tablets out of the reach of children - use a lockable medicine box or locked cupboard and keep the keys somewhere that children cannot access.
- Child resistant bottle caps **are not child proof!** Even younger children are capable of opening the child resistant medicine bottles.
- It is not safe to keep medication, especially Methadone, Buprenorphine, Subutex, Suboxone, in a fridge, food cupboard, drawer, bedside cabinet and wardrobe etc.
- Children are also at risk of illicit drugs, alcohol and needle/syringes in the home. All of these items should be safely stored securely out of children's reach.

