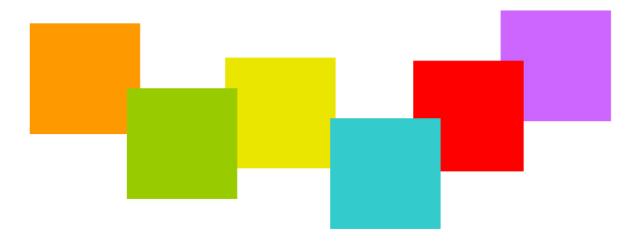
Reaching and Supporting Diverse Communities



A guide to meeting the needs of people with learning disabilities and family carers, from newly arrived, Black, Asian and other Minority Ethnic (BME) Communities

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www.hft.org.uk/bmeguide





Introduction

Family Carers from BME communities were a priority group for Valuing People since 2001. To meet the needs of minority and seldom heard communities, the Valuing People Team's Family Carer Programme and the BME lead commissioned a range of training and resources. This work included updating the Learning Difficulties and Ethnicity Framework for Action and engaging HFT's Family Carer Support Service (FCSS) to develop a resource which would provide a range of information about the importance of meeting the needs of families from BME and seldom heard communities.

This resource is aimed at professionals working in Learning Disability, Carers and Mainstream Diversity and Equality Fields although some information will be of interest to Family Carers too.

The resource is broken up into six discrete sections that can each be accessed individually and downloaded as pdfs. These sections are:

- Engaging with different communities
- Supporting communities specific issues
- Supporting communities specific communities
- BME families it's everybody's business
- Knowing your local population
- Good practice examples from around the country.

Although health and social care organisations have a statutory duty to ensure that there is equality of access and the uptake of services, sadly research suggests that very few successfully promote diversity. We hope that this resource will provide some important pointers to how this can be improved. A key message is the importance of ensuring that mainstream services are able to meet the needs of all communities. This can best be achieved by ensuring investment in and support of local specialist voluntary organisations and groups who can support families from BME and seldom heard communities to get the best from mainstream services.

Cally Ward and Yasmin Surti, Department of Health, Valuing People Support Team.

Disclaimer

Every effort has been made to ensure the information in this resource is accurate and up to date at the time of publication. Those involved in the production of this resource cannot accept responsibility or liability for any omissions or errors.

Acknowledgements

This resource was compiled by Susan Davies, Family Carer Supporter for Hft's Family Carer Support Service, who can be contacted by telephone on 0117 906 1751 or email susan.davies@hft.org.uk.

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Sue Davies



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Engaging and Communicating with Different Communities

In this section you will find information about outreach and support. Some examples of good practice can be found https://examples.org/new/methods.org/https://examples.org/https://examp

- Useful Definitions
- Refugees
- Health and Community Mentors
- Faith Communities
- · Ways of Communicating
- National Networks
- Regional Networks
- Local Networks
- Social Networking



new section March 2012

Туре	Name	What's it about and who's it for?	Contact details
Engaging with Black common fine about the common fine about the common fine about the Mental Capacity Act Warshall was Report	Engaging with Black and Minority Ethnic Communities about the Mental Capacity Act Jayasree Kalathil and Rowan Myron (November 2008)	Very little is known about how the MCA is understood by black and minority ethnic communities. This report is based on interviews with representatives from thirteen BME organisations and makes recommendations about what needs to be done to increase awareness of the Act and ensure that people from BME communities engage with and benefit from the Act.	Website: www.mentalhealth.org.uk /publications/

Туре	Name	What's it about and who's it for?	Contact details
DVD	Reaching Out - Working with black and minority ethnic communities	This DVD highlights the barriers that family carers from BME communities face in accessing services for their relatives.	Birmingham Mencap Telephone: 0121 427 5703
Leicestershire County Council Book	Leicestershire Cultural Awareness Book Compiled by Khadijah Chowdhury	An excellent resource which provides some basic information about the needs of different communities, their cultures and religions. The handbook is designed to serve as a guide for staff working with different communities and can be used as a tool to learn more about diverse cultures, different cultural etiquettes and to shape future policies that promote cultural awareness, tolerance, harmony and mutual respect amongst diverse populations. Contents include some general points to remember and sections on Islam, Hinduism and Sikhism. The Bangladeshi, Pakistani, Indian, Somali, Iranian and Yemeni communities.	Website: www.humanrightsandequalitieschar nwood.org Email: info@humanrightsandequalitiescha rnwood.org Telephone: 01509 261 651

Useful Definitions

Some organisations and workers find it hard to reach groups they should be engaging with and/or do not feel confident or knowledgeable enough about different communities' rights to offer them support. This section gives definitions and a list of some key organisations supporting particular groups.

Migrant Worker

Those who come to the UK for economic reasons, mainly temporarily, for work. Some Migrant Workers are settling with their families. There are networks of organisations supporting Migrants some of which are listed in 'Supporting Communities – Specific Communities' in the resources section.

Newly Arrived

This term could mean groups arriving and joining already established communities or it might mean newly arrived Asylum Seekers.

Asylum Seeker

A person who has left their country of origin and formally applied for asylum in another country but whose application has not yet been decided.

Dispersal

In 1999 the government introduced its policy of 'dispersal'. This meant that asylum seekers, most of whom had previously been located in the South East, were now sent to locations across the UK.

The United Kingdom Border Authority (UKBA) published policy bulletins which described how they interpreted current legislation as operational processes and procedures. See: *United Kingdom Border Authority Dispersal Guidelines Version 4.0; Policy Bulletin 31, 12 November 2008 p.3 of 6. "If a family has a child with special educational needs who has gained entry to an appropriate school, dispersal will normally be postponed until arrangements are in place for the child to transfer to a suitable school in the dispersal areas."*

The Children's Society See also Supporting Specific Communities - Resources for information on *'The Refugee Toolkit'* (Children's Society 2008) - A tool for all adult and children's services, practitioners, education, health and other agencies in contact with refugee and asylum seeking families.

Refugee

Someone whose asylum application has been successful and who is allowed to stay in another country having proved they would face persecution back home.

'Those recognised as having refugee status by the Home Office are given permission to remain in the UK for 5 years. (http://bit.ly/dk00Km). During that time they have the same entitlements to work, benefits, housing, education and health care that a UK national has'. ('Refugee – A legal definition' in 'A Brief Explanation of Asylum' (ATLeP Training Paper) by Anna Skehan, Islington Law Centre, March 2008)

No Recourse to Public Funds (NRPF)

'Refers to people who are subject to immigration control and have no entitlement to welfare benefits, UK Border Agency Support or public housing. However, Social Services departments may have a duty to provide services (including accommodation) to people with NRPF who meet thresholds for support under Community Care or Human Rights Legislation.' NRFP Network, Islington.

Туре	Name	What's it about and who's it for?	Contact details
NRPF network No Recourse to Public Funds Network Online Network	NRPF Network Updated March 2012	This network is hosted by Islington Council and is a network of local authorities focusing on the statutory response to people with care needs who have no recourse to public funds. The network is open to all local authorities and their representative bodies. Other statutory and voluntary sector organisations with an interest in the statutory response to NRFP are invited to join and participate. Check the website for information on a regional network near you.	Mebsite: http://www.islington.gov.uk/advice/asylum- m- immigration/refugees migrants/nrpf net work/Pages/default.aspx See also UKBA website for definitions of public funds: www.ukba.homeoffice.gov.uk/visas- immigration/while-in- uk/rightsandresponsibilities/publicfunds/

Refugees

Refugee Forums

Refugee Forums and Networks provide a voice and serve as a point of contact for refugees and refugee community organisations. They provide opportunities to network and share information on a range of local, regional and national issues. Some refugee forums and networks offer capacity building services to refugee community organisations and groups such as training advice and information. Others provide direct services for refugees e.g. developing language skills and qualifications.

Туре	Name	What's it about and who's it for?	Contact details
PREFUGEE COUNCIL ONLINE Organisation	Refugee Council	Provides advice and support to Asylum Seekers and Refugees as well as other organisations. For additional information about organisations supporting Refugees and Asylum Seekers follow the links on the Refugee Council website.	Website: www.refugeecouncil.org.uk Telephone: 020 7346 6700
refugee, action Organisation	Refugee Action	Refugee Action is involved in the reception, resettlement, development and integration of Asylum Seekers and Refugees. Refugee Action works across ten regions in England including London, Bristol, Leeds, Leicester, Liverpool, Greater Manchester, Nottingham, Plymouth and Portsmouth.	Website: www.refugee-action.org.uk Email: info@refugee-action.org.uk (only to be used if you cannot contact your local Refugee Action branch) Telephone: 020 7654 7700
REAP Refugees in Effective and Active Partnership Report	Refugees in Effective and Active Partnership (REAP)	One Plus One – Supporting front-line organisations to work effectively with Refugees. See REAP website library for a list of other publications and resources including Refugees for	Website www.reap.org.uk E mail olesya@reap.org.uk Telephone: 01895 441530

Туре	Name	What's it about and who's it for?	Contact details
		Equalities - We don't do Refugees & Multiple Inequalities Report 2009.	

Faith Communities

Туре	Name	What's it about and who's it for?	Contact details
Faith in Practice	Faith in Practice (Foundation for	A DVD about including people with learning disabilities in faith communities and what their faith	Website (publications section): www.learningdisabilities.org.uk
	People with Learning Disabilities,	means to them; how faith communities can be more inclusive and the ways in which they may need to be	Telephone: 0207 803 1101
Constitution of the Consti	2006)	supportive.	Price: £12.50 for professionals, £7.50 for family carers
DVD			See also The Judith Trust
Praying Lior	Praying with Lior, Ruby Pictures (2007)	This film follows Lior, a young man with Down's Syndrome as he prepares for his Bar Mitzvah. It was shown at the London Jewish Film Festival as part of The Judith Trust's Inclusion Campaign, to raise awareness of the needs of Jewish people with learning disabilities, their carers and families to be involved in Jewish spiritual and communal life.	

Туре	Name	What's it about and who's it for?	Contact details
	Faithnet Southwest	Provides a forum for faith communities across the South West of England to share news of events and opportunities for engaging in community and social action.	Website: www.faithnetsouthwest.org.uk
Report	Face to Face and Side by Side Department for Communities and Local Government (2008)	A framework for partnership in our multi-faith society.	Available at: www.communities.gov.uk/documents/communities/pdf/898668.pdf
Palacia College Colleg	South Devon Health Care NHS Trust and Teignbridge PCT	Religious, Spiritual, Pastoral and Cultural Care - A guide for staff in providing good religious, spiritual, pastoral and cultural care. As well as lots of good information it contains a useful Cultural and Religious Care Checklist, Appendix 2 p.49.	Available at: www.sdhct.nhs.uk/pdf_docs/cultureandreligionhandbook.pdf

Health and Community Mentors

Туре	Name	What's it about and who's it for?	Contact details
Creative ideas Fulfilling lives	Community Mentors (Health) Updated March 2012	See FCSS Devon Report – page 14 HIKMAT Social Contact Centre Devon Report.	Devon report available on request from the Family Carer Support Service (FCSS) at hft, telephone 0117 9061708

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Ways of Communicating

- Written information is not always an effective way of getting a message across. Some people are illiterate in their own language.
- Some cultures have a strong oral tradition and prefer to have information delivered in this way.
- Consider using a range of different methods/formats to deliver information in an accessible way e.g. DVDs, audio material, CDs
- Community Radio Stations are a good way of reaching people e.g. Bristol's Ujima Radio station, a community station broadcasting
 to the Ashley and Lawrence Hill Wards of Bristol, hosts a weekly Healthy Living show (Sundays 4-6pm; 98FM). Each week NHS
 frontline staff and people who use services are guests on the show and are interviewed about pressing health questions on this
 Bristol NHS supported programme.
- Newspapers/and or Newsletters in Community languages e.g. SODES, a Somali Disability and Support Organisation in Birmingham (See: Work Found) publicises its activities within the Somali Community through a quarterly newsletter, mainly in Somali, called 'Dhambal'.
- Online radio stations

• Social Networking Sites (e.g. Facebook, Twitter). See also Devon Grapevine. A networking and information website for people from different cultures, living in Devon http://devongrapevine.ning.com/

Translation and Interpreting

People often use these terms interchangeably and can confuse the two.

Definitions:

- A translator works with written material translating documents from one language to another
- An interpreter works 'in person', orally translating back and forth between two or more individuals.

Some issues to consider:

- Avoid using family members to interpret, especially children.
- Some families prefer to have an interpreter from outside of their community for reasons of confidentiality. Interpreters should follow a Professional Code of Conduct which sets out expectations around impartiality and confidentiality.
- Interpreting takes time allow extra time for this.
- Clarify with the interpreter beforehand how they will be interpreting what you say i.e. literally, word for word or an approximation. There are pros and cons to each method, word for word does not always make sense. In some situations it may not be possible to translate literally e.g. in certain cultures there is no word for 'Learning Disability' so the term would need to be explained in a different way.
- This may seem obvious but check that the interpreter is conversing in a way and in a language that the person they are
 interpreting for can understand e.g. Urdu is a language spoken by members of the South Asian community but if their first
 language is a community language e.g. Mirpuri, they may find Urdu difficult to understand.

Some other tools and resources to help:

- Babelfish Online text and translation
- Inpage Urdu writing software package (not translation)

• Google Translate – a toolbar that can translate website pages into a wide variety of languages. For more info and to install the tool visit: http://translate.google.com/translate_tools

Туре	Name	What it's about	Contact details
The voice of learning disability	Make it Clear New entry March 2012	Make it Clear – Mencap's Guide to making information clear and easy to read for people with a learning disability. http://www.mencap.org.uk/node/5905	For further information contact Mencap's Accessibility Unit Email: accessibility@mencap.org.uk Telephone: 0207 696 5551
(f) Institute of Translation & Interpreting Organisation	Institute of Translation and Interpreting	Source of information on translation and interpreting services, offers guidance including Codes of Professional Conduct.	Website: www.iti.org.uk Email: info@iti.org.uk Telephone: 01908 325250
Organisation	Language Line	Language Line works with organisations to provide a 24 hour telephone interpreting service	Website: www.languageline.co.uk Email: enquiries@languageline.co.uk Telephone: 0800 169 2879 See also 'Useful Organisations' which lists some organisations offering this facility.

Туре	Name	What it's about	Contact details
the bigward connecting worlds. Organisation	The Big Word	The Big Word works with organisations to provide a translation and 24 hour telephone interpreting service.	Website: www.thebigword.com Email: info@thebigword.com Telephone: 0870 748 8000
CHARTEREZIMENTUTEGELINGUISTS Organisation	The Institute of Linguistics	Use suitably qualified interpreters, preferably with a background or specialist knowledge of the area you are working in e.g. Learning Disability, Mental Health. The Institute of linguistics and others have a list of interpreters who are familiar with particular issues e.g. Social Care, Housing and Health.	Website: www.iol.org.uk Email: info@iol.org.uk Telephone: 020 7940 3100

Using Plain English

- Put all information in a logical order
- Use types rather than handwritten information
- Use big print (14 point or above) and a clean type face
- Leave plenty of space around the text
- Use symbols or pictures if appropriate
- Use short sentences and simple statements
- Do not use technical jargon
- Include only one idea in each sentence

- Write active positive sentences
- Avoid abstract thought
- · Be direct and talk to your reader. Use 'I, we and you'
- Be consistent and repeat words rather than using different ones
- Don't use all capitals as this is hard to read
- Read your notes out loud; if it is hard to say it is probably hard to understand.

(Townsley, R and Gyde, K (1977) Plain Facts, York: Joseph Rowntree Foundation)

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National Networks

Туре	Name	Brief description of network / organisation	Contact details
contact a family for families with disabled children Organisation	Contact a Family New entry March 2012	Contact a Family is a UK-wide charity providing advice, information and support to the parents of disabled children, no matter what their disability or health condition. It enables parents to get in contact with other families, both on a local and national basis. Contact a Family's freephone helpline can help with any issue affecting parent carers of disabled children aged 0 – 19 and has access to an interpreting service via Language Line with over 170 languages. Contact a Family has launched the only country-wide	Website: www.cafamily.org.uk Helpline (open from 9.30am -5pm Monday to Friday): 0808 808 3555 The SEN National Advice Service: www.cafamily.org.uk/families/SEN.html

Туре	Name	Brief description of network / organisation	Contact details
		advice service for Special Educational Needs (SEN) – The SEN National Advice Service. This service will help families whose child may have special educational needs – we will be able to provide advice and information on any aspect of their child's education. Help is available through the helpline, or post a query on Facebook or Twitter and a SEN adviser will get back to you. Contact a Family also has some of its publications translated into community languages available via this link: www.cafamily.org.uk/translations.html	
CARC Organisation	Association for Real Change (ARC) Updated March 2012	Association for Real Change offers information, support and networking for providers of services to people with a learning disability. For details of ARC's Project work including 'Here to Stay' – a project aimed at gaining a better understanding of the needs attitudes and expectations of people with learning disabilities from established BME &newly arrived communities visit their website www.arcuk.org.uk .	Website: www.arcuk.org.uk Email: bridget.fisher@arcuk.org.uk Telephone: 01246 555 043
Network	Department of Health Networks Updated March 2012	The UK Health & Learning Disability Network is hosted by the Foundation for People with Learning Disabilities and is open to anyone with an interest in health issues and learning disability.	Contact Janet Cobb: Website: www.jan-net.co.uk Email: jcobb@fpld.org.uk Email: janet@jan-net.co.uk

Туре	Name	Brief description of network / organisation	Contact details
National Valuing Families Forum	National Valuing Families Forum Updated March 2012	This group helps the National Learning Disability Programme Board know what is important for families. It also enables family carers and organisations to share information regionally and nationally.	Website: http://professionals.carers.org/healt-h/the-national-valuing-families-forum,7028,PR.html
Website	Choice Forum	Online discussion forum on issues in the lives of people with learning disabilities in the UK.	Website: www.choiceforum.org/choiceforum/
nlden (S) Organisation	National Learning Disability and Ethnicity Network (NLDEN)	Set up as a good practice / information sharing network on all initiatives concerned with Learning Disability and Ethnicity.	Website: www.lden.org.uk Telephone: 01246 555 043
National Family Carer Network Organisation	National Family Carer Network (NFCN)	Links groups and organisations supporting families that include an adult with a learning disability. Provides useful information and resources.	Director: Oi Mei Li Website: www.familycarers.org.uk Email: info@familycarers.org.uk Telephone: 0117 906 1751
Organisation	Ethnicity Training Network	Created to help change the way that people think and work in health and social care, and is based at the University of Leeds.	Website: www.etn.leeds.ac.uk Email: etn@leeds.ac.uk Telephone: 0113 343 4832

Туре	Name	Brief description of network / organisation	Contact details
Cemo	Council of Ethnic Minority Voluntary Sector Organisations (CEMVO)	CEMVO is a national charity established in 1999 that supports the development of the UK's minority ethnic organisations, communities and individuals. They have London headquarters and regional offices in the South West, North West, Scotland and Wales.	Website: www.cemvo.org.uk
pmld network Organisation	Profound and Multiple Learning Disabilities (PMLD) Network	Brings people with PMLD and their families, carers and advocates together with statutory and voluntary agencies, to share good practice, campaign, and provide information and support.	Website: www.pmldnetwork.org Email: pmldnetwork@mencap.org.uk Telephone: 020 7696 5549
Challenging BEHAVIOUR foundation To T	The Challenging Behaviour Foundation	Aims to show that individuals with severe learning disabilities described as having challenging behaviour can enjoy normal life opportunities when their behaviour is properly understood and they receive appropriate individualised support. The Foundation supports families, professionals and other stakeholders through education, information, research and partnership working and influences national policy and practice.	Website: www.thecbf.org.uk Telephone: Family Support Line 0845 602 7885 or General enquiries: 01634 838739 Email: info@thecbf.org.uk
THE ARMA TRUST Organisation	Afiya Trust	An organisation with a nationwide remit to reduce inequality in health and social care provision for racialised groups. They are the host organisation for and work in partnership with the National Black Carers and Care Workers Network.	Website: www.afiyatrust.org.uk Telephone: 020 7582 0400

Туре	Name	Brief description of network / organisation	Contact details
THE ARIPA TRUST Organisation	National Black Carers and Care Workers Network (NBCCWN)	Has regional support networks in the North-West, East Midlands, and London. Contact can be made through the Afiya Trust, or directly via the regional workers.	Website: www.afiyatrust.org.uk Telephone: 020 7582 0400
CARERS UK the voice of carers Organisation	Carers UK	Carers UK was set up by Carers and is a member led campaigning organisation offering information and advice to Carers about their rights and how to get support. They can provide interpreters through CarersLine.	Website: www.carersuk.org Email: info@carersuk.org Telephone: 020 7378 4999 CarersLine (free) 0808 808 7777 Contact: Dalveer Kaur Telephone: 0207 378 4936 Email: dalveer.kaur@carersuk.org
Website	Transition Information Network	An alliance of organisations and individuals aiming to improve disabled young people's experiences of transition. It is also a source of information for disabled young people, families and professionals.	Website: www.transitioninfonetwork.org.uk Email: TIN@ncb.org.uk Telephone: 020 7843 6006
bild all about people Organisation	British Institute of Learning Disabilities (BILD)	Provides training for paid staff, people with learning disabilities, family carers and others. Works with government and public bodies, undertakes research and project development to develop and share good practice. People with learning disabilities and their	Website: www.bild.org.uk Email: enquiries@bild.org.uk Telephone: 01562 723 010

Туре	Name	Brief description of network / organisation	Contact details
		families are involved in all aspects of its work.	
foundation for people with learning disabilities Organisation	The Foundation for People with Learning Disabilities (FPLD)	The Foundation for People with Learning Disabilities works to promote the rights, quality of life and opportunities of people with learning disabilities and their families.	Website: www.learningdisabilities.org.uk Email: fpld@fpld.org.uk Telephone: 020 7803 1100

Regional Networks

Туре	Name	Brief description of network / organisation	Contact details
Equality SouthWest Sorganisation	Equality South West	Dedicated to promoting equality in the South West through providing information and events. Supports a regional equality network in the South West of England. A notice about this audit was posted on their website and information included in their eBulletin, which goes out to 3,000 people in the region.	Website: www.equalitysouthwest.org.uk Email: info@equalitysouthwest.org.uk Telephone: 01823 250 833
The National Autistic Society Organisation	National Autistic Society Regional Leads	The National Autistic Society has regional teams to promote awareness of autism and co-ordinate regional activities and services.	Website: www.autism.org.uk (gives information on how to contact your regional team)

Local Networks – contact your local Carers' Centre, Crossroads Care, Community and Voluntary Service (CVS) or Diversity and Equality Officer

Туре	Name	Brief description of network / organisation	Contact details
the care forum Informed voices & choices in health & social care	Care Forum eBulletin	Works primarily across Bath and North East Somerset, Bristol, North Somerset and South Gloucestershire. Supports communication, consultation and networking with the voluntary and community sector (VCS).	Website: www.thecareforum.org Email: admin@thecareforum.org.uk Telephone: 0117 965 4444
Delivering race equality in mental health care to entire the form of the state of t	Delivering Race Equality in Mental Health Community Development	See: Examples of good practice.	Telephone: 0117 900 2207 Email: marvinrees@bristol.nhs.uk Marvin Rees (from 15/1/11) Programme Manager, BME Health Development (mental health), NHS Bristol

Social Networking

Туре	Name	Brief description of network / organisation	Contact details
Net Buddyr * Network	Netbuddy New entry March 2012	Netbuddy is an award-winning site for swapping practical tips and information on all aspects of supporting people with special needs. Over 1,000 tips from people with first-hand experience of learning disability. There is also a new siblings info pack, full of tips, useful resources and information which has been put together with the help of Sibs, the UK charity for siblings of	Website: www.netbuddy.org.uk/ Email: emma@netbuddy.org.uk
THE AFIYA TRUST Campaign and report	Living in the Margins (2012) New entry March 2012	Afiya Trust – 'Living in the Margins' is a social media based campaign empowering the most vulnerable groups led by the Afiya Trust, to alleviate health inequalities for BME families in a climate of cuts. An interim report looking at the impact of public sector cuts on BME families and voluntary and community groups is available to view online, with the full report due in summer 2012.	Website: http://livinginthemargins.org/catego ry/keyfindings/
THE AFIYA TRUST Social network	Backchat New entry March 2012	The Afiya Trust's community portal.	Website: www.backchat.afiya-trust.org/

Туре	Name	Brief description of network / organisation	Contact details
Social network	Devon Grapevine New entry March 2012	A networking and information website for people from different cultures, living in Devon.	http://devongrapevine.ning.com/

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Supporting Communities – Specific Issues

In this section you will find information on:

- Advocacy
- Autism
- Carers
 - Support
 - o Culturally Specific Counselling
 - Mental Health
 - Older Family Carers
- Criminal Justice System
 - Offender Health
- Cultural issues, Sexuality, Learning Disability
- Employment
- Faith Communities
- Forced and Arranged Marriage
 - Definitions
 - o Forced Marriage Organisations working together on this issue
- Health

- Housing
- Mental Health & Learning Disability
- Personalisation
- Transition
- Research BME and New Migrant Communities

Some examples of good practice can be found <u>here</u>.

Advocacy

Туре	Name	What it's about	Contact details
ARX	Advocacy Resource Exchange	This organisation provides information and advice on advocacy to	Website: www.advocacyresource.org.uk
Organisation	Live Live Live L 2042	People who want to find an advocate for themselves	Email: enquiries@advocacyresource.org.uk
	Updated March 2012	A family member or friend who wants to help someone else find an advocate	Telephone: 02380 234 904 To find an advocacy organisation call
		Other professionals, such as a social worker, health professional or lawyer who want to find an advocate for someone they work with.	their advocacy resource finder on 08451 228633 or search their online database.
		ARX also provide general information to anyone wanting to know more about advocacy and works with advocacy organisations to enable them to	

Туре	Name	What it's about	Contact details
		develop their skills and expertise so they can provide better quality advocacy for more people.	
Report	ARX Supported Voices Project 2009 Updated March 2012	A final report on developing BME Advocacy and sharing BME advocacy resources is available and downloadable from the ARX website. Sections include- Valuing difference, making advocacy accessible, evidence of need – Refugees & Asylum Seekers, BME women, BME older people, Roma people, Gypsies and Travellers.	The report can be found at www.advocacyresource.org.uk/Resources?gen2_sc=3 . Email: enquiries@advocacyresource.org.uk
Organisation	Bristol and South Gloucestershire People First Black Members Group Updated March 2012	This group is mainly Afro Caribbean but is open to adults with learning difficulties from all black and minority ethnic backgrounds (they have also had Somali members). It has been running for 4-5 years and has built up membership to a core group of 12 – 15 people who meet regularly and others who attend on a more casual basis. They come together to share news, offer peer support, listen to music and enjoy other social activities. Meetings take place at the Family Learning Centre in St. Pauls which is located centrally and is well used by all sections of the community. There is also a Dating Agency and Friendship Club and an Asian Group that meets monthly.	Website: www.bsgpf.org.uk Email: admin@bsgpf.org.uk Telephone: 0117 941 5842

Туре	Name	What it's about	Contact details
Valuing People Now: a new three-year strategy for people with learning disabilities **Making a Napiene for entryprint** **Action Plan**	Valuing People Now – People as citizens (Chapter 4, p.16, no.20) Updated March 2012	 The Valuing People national advocacy fund focused on supporting advocacy to achieve a greater impact. The programme included: A quality tool for self-advocacy groups Work to better support advocacy for people from black and minority ethnic communities and people with complex needs; and Strengthening leadership support for people with learning disabilities. 	See also Valuing People Now Website: http://webarchive.nationalarchives.go v.uk/20110601212422/http://www.val uingpeoplenow.dh.gov.uk/ Download from: http://www.dh.gov.uk/en/Publications andstatistics/Publications/Publication sPolicyAndGuidance/DH_093377 Hard copies available from www.orderline.dh.gov.uk or call 0300 123 1002 and quote 290565 Some publications are available in other languages.
Sales ource pack	Race equality in practice resource pack: Supporting Advocates Working With Cultural Diversity Updated March 2012	Produced by North Wales Race Equality Network as part of the British Institute for Learning Disabilities and the Welsh Assembly Government Advocacy Grants Programme	Website: http://www.better-health.org.uk/resources/toolkits/race-equality-practice-resource-pack-supporting-advocates-working-cultural-divers

Туре	Name	What it's about	Contact details
all about people Report	BILD – Towards Culturally Competent Advocacy: meeting the needs of diverse communities. By Kate Richardson and Dr Rorie Fullerton, January 2010. Updated March 2012	See BILD website for executive summary.	Website: http://www.gain.org.uk/documents/cu Ituralcompetencypaper.pdf
English and Itama Rights Consistent Street September 1997 or 1897. Advocacy in social care for groups protected under equality legislation Report	Equality and Human Rights Commission Research Report 67 from EHRC Research Report Series, Winter 2010. ISBN 978 1 84206 3293 Updated March 2012	Advocacy in Social Care for groups protected under Equality legislation	www.equalityhumanrights.com/uploa ded_files/research/research_report 67_advocacy_in_social_care_for_gr oups_protected_under_equality_legi slation.pdf For further information see www.equalityhumanrights.com/public ations/our-research/ Email: research@equalityhumanrights.com Telephone: 0161 829 8500

Туре	Name	What it's about	Contact details
Valuing People Nov: a new three-year strategy for people with learning disabilities Taking it bugs to assigned. Action Plan	Valuing People Now – Delivery Plan (p.42)	The Delivery Plan (Summer 2009) said that The Office of the National Director, through the Valuing People Advocacy Lead, will: 'publish and disseminate a toolkit for self-advocacy groups in order to ensure that they are effective in representing the views of people with learning disabilities in local planning and commissioning processes, have appropriate work programmes linked to local objectives, and actively seek to involve people with complex needs and those from black and minority ethnic groups.'	See also People First Bristol black members' group Grapevine – Coventry
Speaking Up for Myself	Speaking Up for Myself	The theme behind this book with words is:	Website: www.rcpsych.ac.uk
As As	Sheila Hollins, Jackie	'Having a learning disability and also being from an ethnic minority group feels like a 'double	(Publications section, Books Beyond Words)
	Downer, Linette Farquarson and Oyepeju Raji, illustrated by Lisa	whammy' because it can make it even more difficult to get good services. The people in this story show how these difficulties can be	Telephone: 020 7235 2351 Price: £10
Lineth Rungscook and Dysposition, Bullished by the Europea	Kopper (from the Books	overcome. In the first part three friends get what they want in a café by being assertive and not	Details: ISBN -13: 9781901242799
Book	without Words series, 2002)	giving up easily. The second part tells the story of a young woman who is having problems	Some publications are available in other languages.
		dealing with her bank. It shows that if people are not satisfied with the way they are treated, or with	
		the service they are given, then they need not	
		deal with it on their own. Someone they trust can	

Туре	Name	What it's about	Contact details
		be brought in to help them.'	

Autism

Туре	Name	What it's about	Contact details
	Autism explained in Punjabi DVD	The DVD includes six subjects' areas relating to Autism:	Contact: Raj Jhamat Email: raj.jhamat@bch.nhs.uk
DVD		 What is autism Sensory issues 	Telephone: 0121 213 5050
	New entry March 2012	3. Communication	
		4. Behaviour5. Play	
		6. Sleep Each of these subjects provides an overall view of	
		the topic. It gives the families the opportunity to gain an insight in to how each of these subjects may be viewed by an individual with autism. The DVD	
		provides possible strategies for parents or carers to implement, to enable the individual with to reach	

Туре	Name	What it's about	Contact details
		their full potential, whilst promoting their health, social, and psychological well-being.	
		The DVD is highly appropriate to be given to South Asian families during the diagnosis process of autism. It has subtitles in English, to enable professionals to follow the DVD.	
A di ha	APASENTH	Bangladeshi day project offers home based short breaks and benefits advice to family members.	Website: www.apasenth.org.uk
APASENTH		(Now extended into Croydon – see below)	Email: info@apasenth.org.uk
Organisation		(Now extended into Groydon – see below)	Telephone: 020 7375 0554
APASENTH Organisation	APASENTH New entry March 2012	APASENTH is a voluntary organisation working in partnership with Croydon Social Services and Housing. It provides multi-cultural outreach and day services for people with learning disabilities in Croydon including people with complex needs and a wide spectrum of autism. It also provides a gender specific service. It has a well-trained, highly dedicated workforce. It has been in existence for just over a year. Croydon Social Services commissions services to Apasenth via community care needs assessments and holds a monitoring role. Service users in receipt of Self Directed Support funding are encouraged to buy such services putting the Service User at the centre of	Website: www.apasenth.org.uk Email: Saida Karim saida.karim@croydon.gov.uk Telephone: 0208 239 4330 616 Challenge House, Mitcham Road, Croydon, Surrey CR0 3AA. Tel: 0208 683 6491.

Туре	Name	What it's about	Contact details
		all decisions regarding types and delivery of services relating to their lives. Apasenth has been successfully providing domiciliary, day care, short breaks and an advocacy service for Asian people with learning disability for 25 years. Their new projects include a respite service and they facilitate a sensory service for relevant groups. Croydon has access to these services if required. However, Croydon's own vision is to develop such services in conjunction with Apasenth in the future.	
The National Autistic Society Organisation	NAS Tower Hamlets Inclusion Service	Supports children and young people with autism spectrum disorders so that they can access mainstream out-of-school activities. Provides autism training for the mainstream club and activity leaders. Helps individual children with autism transition to the clubs and activities by accompanying them on visits till they, and the club staff are confident that they are comfortable and enjoying the activities. Works with children from ages 5 to 19. Interpretation services are available to families for whom English is not their first language.	Website: www.autism.org.uk Email address: inclusion.officers@nas.org.uk Telephone: 020 7247 6617 See also Autism Bill under Acts and Duties

Туре	Name	What it's about	Contact details
The National Autistic Society Organisation	Autism Support Tower Hamlets (NAS project) New entry March 2012	Provides a family support project (autism support) and a Befriending Scheme to any family living in Tower Hamlets with a child or children (up to the age of 19 years) with a diagnosis of autistic spectrum disorder (ASD). Autism Support aims to help parents soon after diagnosis to give information, advice and suggestions to help with behavioural, emotional and practical challenges of living with a child with an ASD. The family support worker is able to provide: home visits, telephone advice, workshops and seminars, information about local services and support in accessing these. Interpretation services are available to families for whom English is not their first language. Information about the service is available in Bengali, Somali and Vietnamese. The Befriending Scheme provides families with a trained volunteer who can spend a few hours a week with a young person with an ASD or their family. The befriender can help a young person to access social activities and provide a break for families. The scheme can provide interpreters where needed.	Website: www.autism.org.uk E mail: thamssupport@nas.org.uk Telephone: 0207 7377 8407 (Family Support) 0207 3771715 (Befriending) See also Autism Bill under Acts and Duties

Carers

Туре	Name	What it's about	Contact details
Barnet Carers Centre Centre of Excelence Local Network	Barnet Carers Centre New entry March 2012	BME Carers Group; providing carers with a platform to share experiences and identify gaps in services in the local area. Bringing together carers and partner organisations in Barnet so that information about services and events is more readily available to seldom heard carers.	Website: www.barnetcarers.org Email: admin@barnetcarers.org Contact: Gemma O'Brien, Multicultural Carers Support and Outreach Officer
Telford & Wrekin COUNCIL Organisation	Black and Minority Ethnicity Project for Adults with Learning Disabilities New entry March 2012	The Black and Minority Ethnicity Project for Adults with Learning Disabilities from the Telford and Wrekin area was started in 2007 with funding from The Learning Disability Development Fund. This enabled a project worker to: • look at the local picture • look at how we engage with service users and the barriers to uptake of services • manage events such as 'Your Culture Matters' and 'Celebrating Cultures' • Work with a wide range of Service users, family and Community groups to raise awareness of Personalisation and changes within Care and Support Services	Email: setia.amair@telford.gov.uk Telephone: Setia Amair on 01952 381548 or 07976194866

Туре	Name	What it's about	Contact details
		 Network and promote services Work with service users, parents, carers and professionals 	
carerstrust Organisation	Carers Trust New entry March 2012	New charity formed from the merger of The Princess Royal Trust for Carers and Crossroads Care, providing information, advice and support for carers and the people they care for.	Website: www.carers.org Telephone: 0844 800 4361
Support	Ehsas (Understanding) Carers Updated March 2012	Formed in 2004 for families of children with special needs/ adults with learning disability. The group is mostly Asian women carers from the Pakistani community. It offers culturally appropriate group support and regular meetings, a range of information workshops, one-to-one assistance, social events and day trips. It provides sign posting and support to access mainstream services. Ehsas raises awareness of the needs and issues of minority ethnic carers, and is represented on Dudley's Learning Disability Partnership Board. Ehsas was highly commended in the national BME Spark Awards for reaching a 'marginalised group within a marginalised community'.	Contact: Mrs Saleem Naz, Chairperson Email: ehsascarers@googlemail.com Telephone: 01384 422 522 Address: Ehsas Carers, Meeting Place, 1-9 Chapel Street, Lye DY9 8BT

Туре	Name	What it's about	Contact details
clear thoughts Project	Clear Thoughts Updated March 2012	Clear Thoughts is the name for the 'mental health in learning disability knowledge centre' project that is supported by the Mental Health Foundation, Mencap, Turning Point and others.	Website: www.clearthoughts.info For more information email via the website
		This project is for individuals, their families and front line social care staff and provides information about mental health and learning disability.	
		The Clear Thoughts website gives clear and accessible information on lots of issues about mental health, including positive mental health, the differences between mental ill-health and learning disability as well as specific information about bipolar disorder, dementia and depression.	
	Candle Project (CAHMS)	The website also has information on some of the possible treatments of mental ill-health and related factors such as sensory impairment, ethnicity and autism. Each section of Clear Thoughts has links to files and other helpful websites.	
		Conclusions from the Candle Project (on mental health, learning disability and ethnicity) can be downloaded from the website.	

Туре	Name	What it's about	Contact details
Report	Caring for all Carers (November 2010) Updated March 2012	A survey of services for BME and seldom heard carers in Carers' Centres and Crossroads Care Schemes.	Website: http://professionals.carers.org/carin g-for-all-carers,7012,PR.html
BPCA Organisation	Bangladeshi Parents and Carers Association (BPCA)	Specialises in working with people with multiple disabilities. Offers a range of culturally specialist services and aims to improve the quality of life of Bangladeshi adults and children with disabilities.	Website: www.bpcaonline.org.uk Email: info@bpcaonline.org.uk Telephone: 020 8880 7036
my time Organisation	My Time	A Birmingham citywide service that offers free culturally sensitive counselling for carers provided by qualified staff from a range of disciplines, cultures, ages and faiths. They are organisational members of the British Association of Counselling and Psychotherapy.	Website: www.mytime.org.uk Email: info@mytime.org.uk Telephone: 0121 766 6699

Criminal Justice System

Valuing People Now was the first government strategy to focus specifically on learning disabled offenders. A key objective was to 'ensure that all people with learning disabilities benefit from the policy. This includes offenders in custody and in the community' (Delivery Plan p.30). It suggested increasing the availability of Learning Disability Nurses throughout the Criminal Justice System. 'The Department of

Health, through its Offender Health initiatives on commissioning will work with Primary Care Trusts to improve coverage by learning disability specialist nurses in all care settings in the Criminal Justice System' (Delivery Plan, p.37) (2009-10).

Туре	Name	What it's about	Contact details
PRISON REFORM TRUST	The Prison Reform Trust	The Prison Reform Trust is a registered charity that works to create a just, human and effective penal system. PRT aims to improve prison regimes and conditions, defend and promote prisoners human rights, address the needs of prisoner's families and promote alternatives to custody. Other activities include research in to all aspects of prison, the provision of advice and information, education and parliamentary lobbying.	See: www.prisonreformtrust.org.uk for more formation
Report	No-one Knows: Prisoners Voices: Experiences of the criminal justice system by prisoners with learning disabilities and learning difficulties. Jenny Talbot, Prison Reform Trust (2008)	This report presents the findings of a major survey of prisoners with learning disabilities and learning difficulties which explores their experiences of the criminal justice system. Drawing on the survey and earlier research by 'No-one Knows' (a UK wide programme run by the PRT), the report concludes with a discussion of five over-arching themes and a series of recommendations.	To view the report visit their website at www.prisonreformtrust.org.uk/Publications/vw/1/ItemID/89
Online network	UK Forensic and Learning disability network	The UK Forensic and Learning Disability Network is a free network open to anyone with an interest in people with a learning disability in secure settings or the criminal justice system.	Contact Janet Cobb <u>Janet@jan-net.co.uk</u> or <u>jcbb@fpld.org.uk</u>

Туре	Name	What it's about	Contact details
Harvatori kopi by ar connect with a disable; "Museum and color deservation." Book	Information book for Prisoners with a disability (2009)	Offender Health and The Prison Reform Trust have recently published two information books for prisoners with a disability. The first is a short easy to read version for prisoners with a learning disability; the second has more detail for prisoners on their health, daily life, how to get help in prison and on release. The full version is on CD and is available to download in 26 languages.	Website (Information booklets prisoners section): www.prisonreformtrust.org.uk Email: prt@prisonreformtrust.org.uk Telephone: 020 7251 5070

Cultural Issues, Sexuality, Learning Disability

Туре	Name	What it's about	Contact details
as one Training	Cultural Issues in Sexuality Work	Course offered by Seema Malhotra as part of the training programme run by the Sexuality Support Team (formerly CONSENT).	Website: www.hertspartsft.nhs.uk/working- for-us/training-and- development/consent/ Email: sue.seiter@Hertspartsft.nhs.uk Telephone: 01923 670 796

Employment

Туре	Name	What it's about	Contact details
Toolkit	Work It Out – Out To Work, Dave Barker (To be published spring 2012) Updated March 2012	A resource to enable families in the BAME communities to work with each other and support services to create and sustain employment for adults with learning disabilities.	Website: www.learningdisabilities.org.uk Email: cburke@fpld.org.uk or David Barker dave barker fgs2@hotmail.com
Report	Guide for people with learning disabilities re employment, Amanda Platts with Cathy Melling and Christine Burke (To be published spring 2012) New entry March 2012	A guide for people with learning disabilities all about work.	Website: www.learningdisabilities.org.uk Email: cburke@fpld.org.uk

Faith Communities

Туре	Name	What it's about	Contact details
DVD	Faith in Practice Foundation for People with Learning Disabilities (2006)	A DVD about Including people with learning disabilities in faith communities and what their faith means to them, indicating how faith communities, can be more inclusive and the ways in which they may need to be supportive.	Website (publications section): www.learningdisabilities.org.uk Telephone: 0207 803 1101 Price: £12.50 for professionals, £7.50 for family carers See also The Judith Trust
Praying Lior	Praying with Lior, Ruby Pictures (2007)	This film follows Lior, a young man with Down's Syndrome as he prepares for his Bar Mitzvah. It was shown at the London Jewish Film Festival as part of The Judith Trust's Inclusion Campaign, to raise awareness of the needs of Jewish people with learning disabilities, their carers and families to be involved in Jewish spiritual and communal life.	
Website	Faithnet Southwest	Faithnet Southwest provides a forum for faith communities across the Southwest of England to share news of events and opportunities for engaging in community and social action.	Website: www.faithnetsouthwest.org.uk

Туре	Name	What it's about	Contact details
Report	Face to Face and Side by Side Department for Communities and Local Government (2008)	A framework for partnership in our multi-faith society.	www.communities.gov.uk/documents/communities/pdf/898668.pdf
Religious, Spiritual, Pesterial & Cultural Care A societo de Sarry a Provincia Societa Sarry S	South Devon Healthcare NHS Trust & Teignbridge PCT	Religious, Spiritual, Pastoral and Cultural Care – A guide for staff in providing good religious, spiritual, pastoral and cultural care. Contains good information and also a useful Cultural and Religious Care Checklist, Appendix 2 p.49.	Available as a downloadable pdf at www.sdhct.nhs.uk/pdf docs/culturea ndreligionhandbook.pdf

Forced and Arranged Marriage

Definitions:

It is important to distinguish between forced and arranged marriages. When talking about arranged marriages no-one should assume that they are forced.

Forced Marriage

'A forced marriage has been defined as one conducted without the valid consent of both people, where pressure or abuse is used.'

In the Western World Forced Marriage is sometimes cited as a religious practice. <u>No</u> major world faith condones forced marriage. See www.legislation.gov.uk/ukpga/2007/20/section/1 and the Forced Marriage Unit website www.fco.gov.uk/en/travel-and-living-abroad/when-things-go-wrong/forced-marriage for more information.

Arranged Marriage

Both parties fully and freely consent to marriage. Their families take a leading role in the choice of partner.

Forced Marriages – Organisations who have worked together on this issue:

Name	What it's about	Contact details
RESPOND from hurting to healing Respond Updated March 2012	A charity supporting adults and children with learning disabilities who have experienced abuse, trauma and hate crime. Respond was awarded funding by the Forced Marriage Unit to produce an easy-read booklet and a website about the forced marriage of people with learning disabilities (see entry immediately below), and employs an 'Independent Sexual Violence Advisor' (ISVA) who specialises in supporting people with learning disabilities who have been raped or sexually abused. Respond runs a national FREE helpline offering support and advice to people with learning disabilities, their family members and staff who work with them.	Website: www.respond.org.uk/campaigns Email: admin@respond.org.uk Helpline: 0800 808 0700
The Judith Trust for people with learning disabilities and mental illness needs The Judith Trust	The Judith Trust is concerned with those who have a dual diagnosis of mental health needs and a learning disability. They have worked with the Ann Craft Trust and others on the issue of Forced Marriages and contributed to the updated guidance available via the Forced Marriage unit on this. Their Inclusion campaign works with synagogues and other Jewish Institutions to develop inclusion of people with learning disabilities and/or mental ill-health, and their families and Carers, in Jewish	Website: www.judithtrust.org.uk Email: judith.trust@lineone.net Telephone: 020 7266 1073 or 07939 662 900 Contact Dr Annette Lawson, Chair The Judith Trust, 5 Carriage House, 90 Randolph Avenue, London, W9 1BG

Name	What it's about	Contact details
Updated March 2012	community life.	See also Film 'Praying with Lior' and Inclusion Campaign
Ann Craft Trust	Organisation working in the statutory, independent and voluntary sectors to protect people with learning disabilities who may be at risk from abuse. They also provide advice and information to parents and other carers who may have concerns about someone that they are supporting. Act worked with the Judith Trust on a research project funded by the Forced Marriage Unit to publish Forced Marriage and Learning Disabilities: Multi-Agency Practice Guidelines.	Website: www.anncrafttrust.org , Email: ann-craft-trust@nottingham.ac.uk Telephone: 0115 9515 400 www.parliament.uk/deposits/depositedpapers/2010/DEP2010-2162.pdf
voice UK voice UK	National charity supporting people with learning disabilities and other vulnerable people who have experienced crime or abuse.	Website: www.voiceuk.org.uk Email: voice@voiceuk.org.uk Telephone: 01332 291042
	The Foreign and Commonwealth Office has a Forced Marriage Unit dedicated to preventing British nationals being forced into marriage overseas. Their webpage's provide useful resources and give details of regional services that can offer help and advice. They have produced a <i>Forced Marriage e-learning training package 09/10</i> to support professionals, the police, housing, the voluntary sector and others dealing with forced marriage in the course of their work. Also updated – <i>FMU Multi-</i>	Website: www.fco.gov.uk/en/travelling-and-living-overseas/things-go-wrong/forced-marriage Telephone 020 7008 0151 Email: fmu@fco.gov.uk Information for professionals is available at www.fco.gov.uk/en/travel-and-living-

Name	What it's about	Contact details
Forced Marriage Unit	agency practice guidelines. Handling cases of forced marriage. See also Forced Marriage and Learning Disability: new guidelines to help prevent abuse December 2010.	abroad/when-things-go-wrong/forced- marriage/info-for-professionals
Am I being forced to many? Booklet	'Am I being forced to marry?' booklet This booklet aims to help people with learning disabilities to understand their rights in relation to marriage and the law, and find support if they have been forced to marry.	Website: www.forcedtomarry.com/

Health

Туре	Name	What it's about	Contact details
DH) Department of Health	The Health and Social Care Bill New entry March 2012	NHS Reform – The Health and Social Care Bill received Royal Assent and will become Law by the end of March. More than 1,000 amendments were tabled during the passage of the Bill.	For a guide to the main changes to the way in which health services will be managed and delivered: http://healthandcare.dh.gov.uk/cont ext/quickguide/ Also see: http://www.guardian.co.uk/society/2 012/mar/15/nhs-100-voices- introduction for further detail

Туре	Name	What it's about	Contact details
			Also see: When Bills Become Acts, Equalities Blue Section.
Equality Delivery System Guidance	EDS Equality Delivery System Updated March 2012	Developed by the NHS Equality and Diversity Council, the EDS enables current and emerging NHS organisations to review and rate their equality performance.	For more information see: www.nhsleadership.org/workstrea ms-inclusion- equalitydeliverysystem.asp
Action plan	Valuing People Now: The Delivery Plan	Key objectives, p.37 (Health) 'the DH, through its Equality and Human Rights Division, will publish guidance for the NHS on the Disability Equality Duty, in relation to people with learning disabilities.' (Spring 2009)	Available to download at: www.dh.gov.uk/en/Publicationsand statistics/Publications/Publications PolicyAndGuidance/DH 093378
Briefing	Claire Gregory (2010)	Improving health and social care support for carers from black and minority ethnic communities. (Better Health Briefings number 20)	Website: www.better- health.org.uk/briefings/improving- health-and-social-care-support- carers-black-and-minority-ethnic- communities
	Ethnicity and Inequalities in Health and Social Care Journal	This journal looks at tackling inequalities in social care. You can download articles from some of the Volumes or it is available on subscription from	Website: www.metapress.com/content/1214 00

Туре	Name	What it's about	Contact details
Journal		Pavilion Meta Press Journals.	Email: info@pavilionjournals.com Telephone: 01273 783720 See also Journal article
Journal article	Ethnicity and Inequalities in Health and Social Care Journal Vol.2 no.2 July 2009	A randomised trial of ethnicity and stigmatized attitudes towards learning disability and alcoholism, G Asamoah et al (2009)	From journal 'The Ethnicity and Inequalities in Health and Social Care' Pavilion, Vol.2 no.2 July 2009 See also Journal

Housing

Туре	Name	What it's about	Contact details
Guidance	Applications to the Court of Protection in relation to tenancy agreements	The Mental Capacity Act and Tenancy Agreements. The Court of Protection has produced guidance on how to make applications in relation to signing or terminating tenancy agreements on behalf of adults who lack mental capacity.	www.mentalhealthlaw.co.uk/image s/COP guidance on tenancy agr eements June 2011.pdf

Туре	Name	What it's about	Contact details
ABOUT RACISM RACISM DVD	Care about racism (Advance Housing, 2008) Updated March 2012	Aims to support people with learning disabilities to gain a greater understanding of different cultures.	Website: www.advancesupport.org.uk Email: info@advancesupport.org.uk Telephone:: 01993 772885 Price: £20 plus VAT
PSA Book	Accommodating diversity: housing design in a multicultural society (December 1998) Updated March 2012	This book provides guidance to designing homes that cater in a non-exclusive way for the needs of households from minority ethnic, religious and cultural groups.	Website: www.housing.org.uk Email: info@housing.org.uk Telephone: 020 7067 1010 Members price £14.95, list price £19.95

Social Housing Tenants and the Human Rights Act

'The court found that some Registered Social Landlords (such as Charities, Companies or Co-operatives that provide social housing will now be treated as public authorities and subject to the Human Rights Act. These landlords will now be required to have a regard to a tenants human rights e.g. the right to private and family life and right to a fair trial when deciding whether to make an eviction order.'

See the Equality and Human Rights Commission website <u>www.equalityhumanrights.com/news/2009/june/commission-welcomes-ruling-on-rights-of-social-housing-tenants/.</u>

Mental Health and Learning Disability

Туре	Name	What it's about	Contact details
clear thoughts Project	Clear Thoughts Updated March 2012	Clear Thoughts is the name for the 'mental health in learning disability knowledge centre' project that is supported by the Mental Health Foundation, Mencap, Turning Point and others.	Website: www.clearthoughts.info For more information email via the website
		This project is for individuals, their families and front line social care staff and provides information about mental health and learning disability.	
		The Clear Thoughts website gives clear and accessible information on lots of issues about mental health, including positive mental health, the differences between mental ill-health and learning disability as well as specific information about bipolar disorder, dementia and depression.	
	Candle Project (CAHMS)	The website also has information on some of the possible treatments of mental ill-health and related factors such as sensory impairment, ethnicity and autism. Each section of Clear Thoughts has links to files and other helpful websites.	
		Conclusions from the Candle Project (on mental health, learning disability and ethnicity) can be downloaded from the website.	

Туре	Name	What it's about	Contact details
Website	Tower Hamlets Community Learning Disability Service	The Community Learning Disability Service has audited the support they offer to family carers from minority ethnic communities and their learning disabled relatives. They have looked at services for people with complex mental health and behavioural needs who live in psychiatric hospitals out of the borough, interviewing individuals and their families, and are also auditing the support they give to people with challenging behaviour, including services for their families.	Website: www.lddirectory.org.uk
Henority ethnic communities and specialist fearuring disability services. The services of the residuary disability services are residuary disability services of the residuary disability services of the residuary of services of the residuary of services of the less disability of residuary of the services of the servi	Minority ethnic communities and specialist learning disability services Report of the Faculty of Psychiatry of Learning Disabilities Working Group, July 2011	The Royal College of Psychiatrists Faculty of Learning Disability has produced a report which summarises the knowledge that is available regarding the use of specialist learning disability services by people with learning disabilities and their carers from minority ethnic communities. It also provides guidance for improving access to services and, where available, good practice examples. The content of the report is drawn partly from the literature and partly from discussions within a focus group that involved well-established researchers in this area as well as other people with expertise in service delivery.	Website: www.rcpsych.ac.uk/pdf/FR_LD_2 %20for%20web.pdf

Personalisation

Туре	Name	What it's about	Contact details
Type Telford & Wrekin COUNCIL Organisation	Black and Minority Ethnicity Project for Adults with Learning Disabilities New entry March 2012	The Black and Minority Ethnicity Project for Adults with Learning Disabilities from the Telford and Wrekin area was started in 2007 with funding from The Learning Disability Development Fund. This enabled a project worker to: • look at the local picture • look at how we engage with service users and the barriers to uptake of services • manage events such as 'Your Culture Matters' and 'Celebrating Cultures' • Working with – wide range of Service users, family and Community groups to raise awareness of Personalisation and changes within Care and Support Services • Networking/Promoting services • Working with service users, parents, carers and professionals	Contact details Email: setia.amair@telford.gov.uk Telephone: Setia Amair on 01952 381548 or 07976194866
		 Recommendations To develop accessible and appropriate service provisions 	

Туре	Name	What it's about	Contact details
		 Partnership working and consultation Staff development To review and monitor to improve all aspects of provisions 	
APASENTH Organisation	APASENTH	Bangladeshi day project offers home based short breaks and benefits advice to family members. (Now extended into Croydon – see below)	Website: www.apasenth.org.uk Email: info@apasenth.org.uk Telephone: 020 7375 0554
APASENTH Organisation	APASENTH New entry March 2012	APASENTH is a voluntary organisation working in partnership with Croydon Social Services and Housing. It provides multi-cultural outreach and day services for people with learning disabilities in Croydon including people with complex needs and a wide spectrum of autism. It also provides a gender specific service. It has a well-trained, highly dedicated workforce. It has been in existence for just over a year. Croydon Social Services commissions services to Apasenth via community care needs assessments and holds a monitoring role. Service users in receipt of Self Directed Support funding are encouraged to buy such services putting the Service User at the centre of all decisions regarding types and delivery of services relating to their lives. Apasenth has been	Website: www.apasenth.org.uk Email: Saida Karim saida.karim@croydon.gov.uk Telephone: 0208 239 4330 616 Challenge House, Mitcham Road, Croydon, Surrey CR0 3AA. Tel: 0208 683 6491.

Туре	Name	What it's about	Contact details
		successfully providing domiciliary, day care, short breaks and an advocacy service for Asian people with learning disability for 25 years. New projects include a respite service and they facilitate a sensory service for relevant groups. Croydon has access to these services if required. However, Croydon's own vision is to develop such services in conjunction with Apasenth in the future.	
Support group	Apna Group (Our Group) Project Updated March 2012	It offers day opportunities to adults from ethnic minority communities. There is a separate women's group to cater for cultural and language needs. Apna provides social, leisure, education and health related activities three days a week. It aims to maximise the potential and independence of its users, and promotes opportunities to integrate in the wider community by accessing universal services. Apna was recently involved in an art exhibition, showcasing their work in Lye Library. Users are now sustaining Apna by using their Personal Budgets to access its support.	Contact: Ms. Tehmina Aftab, Project Support Worker Email: apna.group@hotmail.co.uk Telephone: 01384 422 522 Address: As above.

Туре	Name	What it's about	Contact details
grape vine Organisation	Grapevine (Coventry and Warwickshire) Updated March 2012	All Means All Project is funded by the Equality and Human Rights Commission and involves helping young people from BME communities use their Personal Budgets. The project runs until March 2012 with a further two years funding after that. Twenty young people from a variety of ethnic backgrounds with learning disabilities and multiple impairments who were going through transition at school took part. The project offered guidance, support and advocacy to help them understand and use Personal Budgets, increasing access and gaining better outcomes for the young people and their families. The summary report details specific findings related to gender, new communities and families and includes things to consider re: BME groups and Personal Budgets. Grapevine has also produced a BME guide for BILD which is available through their website. Contact Clare Wightman at Grapevine for details.	Website: www.grapevinecovandwarks.org/ For the summary report or more information contact Naomi Baker at Grapevine. The mid-way evaluation of the project can be viewed at http://www.grapevinecovandwarks.org/what-we-do/young-people's-projects/all-means-all.aspx A full evaluation of the project will be available from July 2012. Email: Naomi Baker nbaker123@btconnect.com or admin@grapevinecoventryandwar wickshire.co.uk Tel: 024 7663 1040

Transition

Туре	Name	What it's about	Contact details
Report	Views and experiences of older family carers of people with learning disabilities with special reference to ethnicity Raghu Raghavan (2007)	This study, commissioned by Mencap, explores the views and experiences of twenty five older family carers of people with learning disabilities from White and South Asian Communities (Indian, Pakistani and Bangladeshi) in Bradford. Themes explored include housing, friendships and relationships, social life, short breaks, day activities for carers, support services and future planning.	Email: raghu.raghavan@northumbria.ac.uk
Website	Moving on Up	Accessible transition information for young people from BME communities who have a learning disability. Information can be accessed in English, Arabic, Urdu, Punjabi, Gujarati and Chinese.	Website: www.movingonup.info Telephone: 01246 541 675
JARID JA	A randomised controlled trial of Specialist Liaison worker model for young people with intellectual learning disabilities and mental health needs Foundation for People with Learning Disabilities (2005)	Raghu Raghavan, Rob Newell, Fozia Waseem. See: University of Bradford School of Health Studies articles.	Available online at: http://onlinelibrary.wiley.com/doi/10.1 111/j.1468- 3148.2008.00457.x/abstract

Туре	Name	What it's about	Contact details
Report	Evaluating Support Services for school leavers with learning disabilities with special reference to Ethnicity Neil Small and Nicole Pawson, School of Health Studies, University of Bradford (2006)	This Department of Health funded study aims to identify the impact of ethnicity on service usage and to consider this in the context of social inclusion for school leavers with learning disabilities in Bradford.	Email: n.a.small@bradford.ac.uk or n.p.pawson@bradford.ac.uk Telephone: 01274 236 446 Email: raghu.raghavan@northumbria.ac.uk
PRISONERS VOICES Injuries of the circular street by the circular str	No One Knows - Prisoners' Voices Jenny Talbot, Prison Reform Trust (2008)	Presents the findings of a major survey of prisoners with learning disabilities and learning difficulties, which explored their experiences of the criminal justice system.	Website: www.prisonreformtrust.org.uk/Public ations/vw/1/ItemID/89 Email: prt@prisonreformtrust.org.uk Telephone: 020 7251 5070
Journal article	Cultural and Race Issues in Sexuality Work with people with learning disabilities Malholtra & Mellan (1996)	Seema Malholtra is also writing a paper on 'Arranged Marriages' with Kent University. Contact Seema via the Sexual Support Team (formerly CONSENT) for further information and details of intended publication date.	From journal 'Tizard Learning Disability Review', Pier Professional, Vol.1, no.4. October 1996 See also Training

Туре	Name	What it's about	Contact details
Journal article	Family Carers' views of services for people with learning disabilities from black and ethnic minority groups J Hubert (2006)	A qualitative study of 30 families in a south London borough.	From journal 'Disability and Society' 21 (3), 259-272
ARC	BME Transition Guide for Local Authorities 09/10	Compiled by David Grundy, Lesley Dean and Bridget Fisher.	Email: contactus@arcuk.org.uk

Research – BME and New Migrant Communities

Туре	Name	What it's about
Journal articles	 Scior,K., Kan,K-Y., McLoughlin,A., & Sheridan, J.C. (2010). Public attitudes towards people with intellectual disabilities: a crosscultural study. Intellectual & Developmental Disabilities, 48, 278 – 289. Scior,K. (2011). Public awareness, attitudes and beliefs 	All three are articles in academic/ research journals that report on what we know about public awareness about learning disability and attitudes, including in different cultural contexts (ref 2). Refs 1 and 3 report on research carried out at UCL (University College London) examining how attitudes and stigma related to people with learning disabilities differ between different cultural communities both in the UK (ref 3) and internationally (ref 1). Ref 2 includes a summary of what evidence there is on public attitudes towards people with learning disabilities in different cultural contexts.

Туре	Name	What it's about
	regarding intellectual disability: a systematic review. Research in Developmental Disabilities, 32, 2164-2182. 3. Coles,S. & Scior, K. (2012). Public attitudes towards people with intellectual disabilities: a qualitative comparison of white British & South Asian people. Journal of Applied Research in Intellectual Disabilities, 25, 177- 188. New entry March 2012	For further information email Dr Katrina Scior: k.scior@ucl.ac.uk tel 020 76791897, See also CEMC DVD
University of Wolverhampton Research Project	ARC 'Here to Stay' – 5 year research project Updated March 2012	ARC began a Big Lottery Funded five year research project (2010) aimed at gaining a better understanding of the needs, attitudes and expectations of people with learning disabilities from established BME and new migrant communities. They wish to gain a greater knowledge of what happens to a migrant person when they come to the UK and what demand this places upon Learning Disability Services. The Research Project intends to answer two particular questions: What are the current and projected numbers of people from new communities requiring support from learning disability services?

Туре	Name	What it's about
	How can the learning disability, voluntary and community sector engage with them to promote well-being and improve life chance.	
		Bridget Fisher from ARC and Dr Chris Barnes, Research Fellow at the University of Wolverhampton are involved in this work with Prof. David Sallah, at the Centre for Health and Social Care Improvement (CHSCI), University of Wolverhampton.

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Supporting Communities – Specific Communities

In this section you will find information on:

- Culturally specific services for family carers of people with learning disabilities
- Supporting Somali parents and carers of disabled children
- Supporting local communities
 - Tower Hamlets
- Learning from what we know already: Ethnicity
- · Learning from what we know already: Research
- Research proposals relating to ethnicity
- Useful Networks and Organisations
- Training

Some examples of good practice can be found here.

Culturally specific services for family carers of people with learning disabilities

Туре	Name	What it's about	Contact details
DVD	CEMC BME Learning Disabilities DVD New entry March 2012	DVD showing perception and understanding of learning disability amongst African communities. The DVD can be used as a community training tool but also gives agencies a better understanding of the barriers to work in this area with this community. See also CEMC	Website: www.cemcnorthants.org/index.php/ projects/bme-learning-disabilities (includes DVD clip) Email: Christine.freeman@northamptonco llege.ac.uk or cfreeman@northamptonshire.co.uk Telephone: 07540 668 287
How to engage with Gypsies and Travellers as part of your work Toolkit	How to engage with Gypsies and Travellers as part of your work New entry March 2012	A toolkit for service providers Leeds GATE (Gypsy and Traveller Exchange) funded by the Department of Health 2011.	Website: www.leedsgate.co.uk/information/publications-and-resources/
Support group	Ehsas (Understanding) Carers Updated March 2012	Formed in 2004 for families of children with special needs/ adults with learning disability. The group is mostly Asian women carers from the Pakistani community. It offers culturally appropriate group support and regular meetings, a range of information workshops, one-to-one assistance,	Contact: Mrs Saleem Naz, Chairperson Email: ehsascarers@googlemail.com Tel: 01384 422 522.

Туре	Name	What it's about	Contact details
		social events and day trips. It provides sign posting and support to access mainstream services.	Address: Ehsas Carers, Meeting Place, 1-9 Chapel Street, Lye DY9 8BT
		Ehsas raises awareness of the needs and issues of minority ethnic carers, and is represented on Dudley's Learning Disability Partnership Board. Ehsas was highly commended in the national BME Spark Awards for reaching a 'marginalised group within a marginalised community'.	
	Apna Group (Our Group) Project	Ehsas' sister project for learning disabled family members. It offers day opportunities to adults from ethnic minority communities. There is a separate women's group to cater for cultural and language	Contact: Ms. Tehmina Aftab, Project Support Worker Email: apna.group@hotmail.co.uk Tel: 01384 422 522
Support group	Updated March 2012	needs. Apna provides social, leisure, education and health related activities three days a week. It aims to maximise the potential and independence of its users, and promotes opportunities to integrate in the wider community by accessing universal services. It was recently involved in an art exhibition, showcasing their work in Lye Library. Users are now sustaining Apna by using their Personal Budgets to access its support.	Address: As above.

Туре	Name	What it's about	Contact details
Carers Gloucestershire Enhancing the lives of Carers Organisation	Ebony Community Carers Group (Gloucestershire) Updated March 2012	Launched in 2004, this group aims to assist black and ethnic minority carers from the Afro-Caribbean community in Gloucestershire to access mainstream services. Their aims are to: • Act as a support group for all carers within the African Caribbean community in Gloucestershire • Identify and engage with 'hidden' carers within this community • Raise awareness of carers and their issues within the community and act as a collective voice with statutory agencies • Promote and develop culturally appropriate service support networks They meet monthly to share and discuss Carers issues, and work with Carers Gloucestershire to provide support, guidance, training and solutions. They also provide a sitting service and help African Caribbean carers by providing a respite sitting service.	Telephone: 01452 617 456 Contact Carol Sterling 01452 426 018 for details Or see Carers Gloucestershire website – multi-cultural services http://www.carersgloucestershire.org.uk/index.php?option=com_content&task=view&id=34&Itemid=529

Туре	Name	What it's about	Contact details
Organisation	Chinese Community Centre, London Updated March 2012	The Chinese Community Centre aims to improve the quality of life and wellbeing of Britain's Chinese community, particularly those individuals who are vulnerable or disadvantaged. Activities involve identifying needs in the Chinese community and delivering services to meet those needs, including advice and information services, support for the elderly, youth services, family carers, learning disability and community development activities. The advice workers are providing one to one information and advice in either Cantonese or Mandarin to Chinese speaking people who need help with a range of issues relating to welfare benefits, housing, employment, education, health, financial and other problems. The advice service base in the Chinese Community Centre and on an outreach basis for people who are unable to travel to the Centre due to ill health or disability. This advice service from the Centre has provided for more than 10 years and which is widely known and very well used by disadvantaged and vulnerable Chinese speakers in Britain.	Website: www.ccc.org.uk Email: info@ccc.org.uk Telephone: Perry Fung 020 7439 3822
Dudley Metropolitan Borough Council	EAST (Equal Access & Support Team)	Dudley Council's Learning Disability Services employs a specialist social worker to 'champion' the needs of minority ethnic families, and ensure	Contact: Ali Mohammed, Senior Social Worker Email:

Туре	Name	What it's about	Contact details
Organisation	Updated March 2012	they have improved access to public services and support. The worker provides information and advice to professionals on cultural and faith issues, interprets for health and social care professionals and co-works cases, holds a caseload and deals with sensitive issues including safeguarding. The worker where appropriate will advocate and liaise with services on behalf of families.	ali.mohammed@dudley.gov.uk Telephone: 01384 813 360 Address: EAST, Ladies Walk Centre, Sedgley, DY3 3UA.
		The social worker supports Ehsas Carers development, and ensures carers have accessible information on a range of pertinent topics including Personalisation.	
The Judith Trust Jor people with learning disobilities and mental filters needs	The Inclusion Campaign	The Inclusion Campaign works with synagogues and other Jewish institutions to develop inclusion of people with learning disabilities and/or mental ill-	Website: www.judithtrust.org.uk Contact: Dr Annette Lawson, Chair Email: judith.trust@lineone.net
Campaign	Updated March 2012	health, and their families and carers, in Jewish community life. The Trust commissioned a piece of research which looked at the inclusion and participation of Jewish people with learning disabilities in spiritual life. This evidenced the importance of Judaism to Jewish people with learning disabilities: it gave them a sense of strength, social belonging and inclusion and formed an important part of their identity. All wanted more opportunities for religious and cultural	Telephone: 0207 266 1073 or 07939 662 900 Address: 5 Carriage House 90 Randolph Avenue London W9 1BG See also Faith Communities

Туре	Name	What it's about	Contact details
		education. Parents wanted their children to be able to join in at synagogue and in community life. They also wanted someone at the synagogue to provide support and information and to promote inclusion.	
Organisation	Manchester Federation of Jewish Services (The FED) Updated March 2012	Open to all Jewish Carers and Carers of Jewish persons. Offers sitting and befriending service, one-to-one emotional support, advice, practical support in the home, and support groups.	Website: www.thefed.org.uk/ Email: info@thefed.org.uk Telephone: 0161 772 4800 Address: Heathlands Drive, Prestwich, Manchester, M25 9SB
Organisation	Himmat Support Centre (Manchester)	Open to Asian Carers of people with a physical or learning disability. Offers sitting services, support and activity group for Carers aged 60+, training (including English classes), day trips, one-to-one and group support, information, advice and advocacy.	Website: www.himmad.org.uk Contact: Kay Ahmed Email: info@himmat.org.uk Telephone: 0161 248 0425 Address: 182 Stockport Road, Longsight, Manchester M13 0RZ
Organisation	Indian Senior Citizens Centre (Manchester)	Open to carers of Indian origin who are aged 50+. Offers Carer Support worker, day trips, breaks away, social 50+ events, information, advice and advocacy, activities for the cared-for person to give carers a break, exercise classes, chiropody and	Contact: Mrs Chhaya Kanani Website: www.iscc-manchester.org Email: iscc@talk21.com Telephone: 0161 232 0999

Туре	Name	What it's about	Contact details
		other health services, and training (including English classes and computer training).	Address: 16/18 Whalley Road, Whalley Range, Manchester, M16 8AB
Redbridge	African Afro-Caribbean Support Network (AACSN) (Waltham Forest)	The AACSN is based in the London Borough of Waltham Forest but has an increasing presence in adjoining boroughs such as Redbridge, Newham and Haringey. Established in 1999 and a registered charity since 2004 they work to raise awareness of the specific needs of black and minority ethnic carers and people with severe learning disabilities, mental health needs and other health conditions. They offer support, information, guidance on accessing services, advocacy and health promotion.	Email: info@aacsnwf.org.uk Telephone: 020 8558 0395
ansaar Organisation	Ansaar (Leicester)	Ansaar is a Leicester-based community project set up in 2003 specifically for people with learning disabilities after concern was raised regarding the cultural and social difficulties faced by people with learning disabilities, their carers and families. Ansaar provides a support network for Asian Family Carers in Leicester through the Asian Family Carers Support Service. This includes: • Information about Carers Rights	Website: www.ansaar.org Email: info@ansaar.org Telephone: 0161 262 1000 112 Melbourne Road, Leicester LE2 0DS

Туре	Name	What it's about	Contact details
		 Regular meetings and events Support to access services for health, social care, leisure and education Access to information and advice on welfare 	
		benefits, housing, employment, consumer debt, social care etc.Support to access training and employment opportunities	
		1:1 counselling is available in English, Albanian, Polish, Urdu, Arabic, Bengali, Hindi, Farsi, Punjabi.	
Organisation	Council for Ethnic Minority Communities Northamptonshire	The CEMC in Northampton hosted a BME Learning Disability Outreach Worker seconded from the Northamptonshire Learning Disability Partnership Board. The post, for one year initially was extended until March 2011. Christine worked	Website: www.cemcnorthants.org Email: laney.holland.cemc@gmail.com titus.ajayi.cemc@gmail.com
		with local communities, agencies and organisations to identify the needs of BME people with learning disabilities and their families and facilitate access to appropriate information and services. She supported the above groups to develop to meet the needs of BME people with learning disabilities and their families and ensure that their views are heard in strategic planning forums e.g. Learning Disability	Telephone: 07749 498584 Reports of Christine's work are available on CEMC's and Northampton's Learning Disability Partnership Board websites. Contact the CEMC office for details.

Туре	Name	What it's about	Contact details
		Partnership Boards, Prevention and Early Intervention strategy and Carers Strategy. The CEMC made a DVD which examines the myths and beliefs around learning disability which exist in African communities and counters these with some facts and responses.	See also CEMC DVD
伯明翰華人社區中心 Crinesa Community Centre-Birningham Organisation	Chinese Carers Support Project, Birmingham	Generic support offered to carers from the Chinese community in Birmingham and includes some family carers of people with learning disabilities. Signposting, advocacy, carers support group, training, health talks, trips and activities available through the Chinese Community Centre in Birmingham. Events have included: • a 'Pathway to Mental Health Services' day • Workshops on 'Information for Asylum Seekers' • Workshop on carers and disability related benefits. The centre offers general advice on benefits, housing, debt and immigration.	Website: www.bhamchinesecommunity.org. uk (under construction) Email: cccbirmingham3@hotmail.com Telephone: 0121 685 8510
norah fry research centre	Crossing Cultural Boundaries: An Ethnography of Services	The aim of this research is to understand the ways in which both Chinese and Anglo English organisations perceive and include Chinese adults	Martin Partridge, Norah Fry Research Centre University of Bristol, School for Policy Studies, 8

Chinese People with		
arning Difficulties by rtin Partridge BA ons), PGDip, MA	with learning difficulties and explores the experiences this group has of using such services. This PhD thesis is due for completion in April 2012 and will provide cultural and practice recommendations to promote the development of appropriate services for Chinese adults with learning difficulties.	Priory Road, Clifton, Bristol, BS8 1TX. Website: www.bristol.ac.uk/norahfry Email: martin.partridge@bristol.ac.uk Telephone: 0117 331 0987
ngat Advice Centre for local Asian mmunity in Harrow	 To ensure that the Asian Community have information about the Law to enforce their rights to welfare benefits, debt, immigration, discrimination etc. To help prevent homelessness through advice and advocacy To ensure that, via advocacy, the elderly, frail, people with learning disabilities, people with mental health difficulties and disabled people get access to statutory services To provide information, advice, advocacy and 	Website: www.sangat.org.uk/ Email: info@sangat.org.uk Telephone: 0208 427 0659 or 07956 918774
n	gat Advice Centre for local Asian	and will provide cultural and practice recommendations to promote the development of appropriate services for Chinese adults with learning difficulties. The aims of the Centre are: To ensure that the Asian Community have information about the Law to enforce their rights to welfare benefits, debt, immigration, discrimination etc. To help prevent homelessness through advice and advocacy To ensure that, via advocacy, the elderly, frail, people with learning disabilities, people with mental health difficulties and disabled people get access to statutory services

Supporting Somali parents and carers of disabled children

Туре	Name	What is it about	Contact details
contact a family for families with disabled children Report	Contact a Family West Midlands	Report on supporting Somali parents and carers of disabled children. Partnership work with the Somali community to develop their capacity led to the formation of Somali Disability and Elderly Support Group (SODES).	Website: www.cafamily.org.uk Website (to view report): www.migranthealthse.co.uk/sites/default/files/057111SupportingSomaliparents.pdf Email: helpline@cafamily.org.uk Telephone: 0808 808 3555
Organisation	Somali Disability and Elderly Support Group (SODES)	SODES is a registered charity in Birmingham formally established in 2003 and staffed by a voluntary management committee and a group of volunteers. SODES provides a range of services including: Drop-in advice Support with form filling and applications for benefits and tax credits Advocacy and interpreting for meetings with health and social care providers	Website: www.sodes.org Email: sodesgroup@hotmail.com Telephone: 0121 773 9950 or 0121 772 4545 See also Contact a Family Report on Partnership with SODES and work with Somali Parents of children with disabilities.

Туре	Name	What is it about	Contact details
		Fortnightly support group meetings for Somali carers	
		Support to apply for respite care	
		Provision of play equipment, including sensory games	
		Trips and holidays for disabled children and their siblings	
		A quarterly newsletter <i>Dhambal</i> (The Message) published in English and Somali	
		After school activities, including help with homework, English, Maths and Science	
		Morning activity session for Somali women with young children in partnership with Sure Start.	

Supporting local communities

Tower Hamlets has a large minority ethnic population. The largest group is from Bangladesh and makes up approximately 40% of the population of the borough. There are a number of local projects to support learning disabled people and their families from this community some of which are listed below.

Туре	Name	What is it about	Contact details
Organisation	Bangladeshi Parent Adviser Service	This service offers emotional support through the use of counselling skills to parents of children/adults with learning disabilities. The Parent Advice Service is part of Tower Hamlets Community Learning Disability Service and works closely with the Child Development Team. It offers information, will advocate and liaise with services on behalf of families, provides support with assessments and meetings and does home visits.	Telephone: 020 7377 7814 Address: Alderney Building, 3rd Floor, Mile End Hospital, Bancroft Road, London E1
	Tower Hamlets Community Learning Disability Service	The Community Learning Disability Service has audited the support they offer to family carers from minority ethnic communities and their learning disabled relatives. More recently they have looked at services for people with complex mental health and behavioural needs who live in psychiatric hospitals out of the borough, interviewing service users and their families. They are also auditing the support they give to people presenting challenging behaviour, including services for their families.	Website: www.lddirectory.org.uk

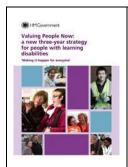
There are two Bangladeshi day projects - Apasenth and Bangladeshi Parents and Carers Association (BPCA) who offer home respite and benefits advice to family members.

Туре	Name	What is it about	Contact details
APASENTH Organisation	APASENTH	Bangladeshi day project offers home based short breaks and benefits advice to family members. (Now extended into Croydon – see below)	Website: www.apasenth.org.uk Email: info@apasenth.org.uk Telephone: 020 7375 0554
APASENTH Organisation	APASENTH Updated March 2012	APASENTH is a voluntary Organisation working in partnership with Croydon Social Services and Housing. It provides a multi-cultural Outreach and Day Services for people with varied level of Learning Disability in Croydon including people with complex needs and a wide spectrum of autism. It also provide a gender specific service. It has a well-trained, highly dedicated workforce. It has been in existence just over a year in Croydon and progressing. Croydon Social Services commissions services to Apasenth via community care needs assessments and holds a monitoring role. Service Users in receipt of Self Directed Support funding are encouraged to buy such services putting the Service User at the centre of all decisions regarding types and delivery of services relating to their lives. Apasenth head office is in Tower Hamlets and has been successfully providing Domiciliary, Day Care, short breaks and an Advocacy service for Asian people with learning disability for 25 years. Their new	Website: www.apasenth.org.uk Email: Saida Karim saida.karim@croydon.gov.uk Telephone: 0208 239 4330 616 Challenge House, Mitcham Road, Croydon, Surrey CR0 3AA. Tel: 0208 683 6491.

Туре	Name	What is it about	Contact details
		projects include a Respite Service and they facilitate a "Sensory" service also for relevant groups. Croydon has access to these services if required.	
The National Autistic Society Organisation	Autism Support Tower Hamlets (NAS project) New entry March 2012	Provides a family support project (autism support) and a Befriending Scheme to any family living in Tower Hamlets with a child or children (up to the age of 19 years) with a diagnosis of autistic spectrum disorder (ASD). Autism Support aims to help parents soon after diagnosis to give information, advice and suggestions to help with behavioural, emotional and practical challenges of living with a child with an ASD. The family support worker is able to provide: home visits, telephone advice, workshops and seminars, information about local services and support in accessing these. Interpretation services are available to families for whom English is not their first language. Information about the service is available in Bengali, Somali and Vietnamese.	Website: www.autism.org.uk E mail: thamssupport@nas.org.uk Telephone: 020 7377 8407 (Family Support) 0207 3771715 (Befriending) See also Autism Bill under Acts and Duties
		The Befriending Scheme provides families with a trained volunteer who can spend a few hours a week with a young person with an ASD or their family. The befriender can help a young person to access social activities and provide a break for	

Туре	Name	What is it about	Contact details
		families. The scheme can provide interpreters where needed.	
Support Group	Caring and Sharing Group	South Asian women's group for family carers for people with learning disabilities in Kirklees.	Email: jean.mitchell@kirklees.gov.uk Telephone: 01484 226 530

Ethnicity



Action Plan

Updated version of the Valuing People Ethnicity Framework (To be published April 2012)



New entry March 2012

In order to improve the access and inclusion of minority and seldom heard communities we need to know the local population and the best ways of engaging and supporting all communities. We also need to understand the needs and anxieties of people from BME communities as well as the gaps in current service provision. It is hoped that this updated "Framework for Action" will provide some important ideas as to how this can be improved across both rural areas, where there is still a need to identify the needs of newly arrived and largely unknown communities and inner city areas where there may be higher concentrations

Website:

www.learningdisabilities.org.uk

Email: cburke@fpld.org.uk

of diverse communities and therefore local	
expertise.	

The Gypsy Roma Traveller Community

The Gypsy Roma Traveller Community is a distinct ethnic group.

See: Census for more information.

Some Facts:

- Gypsy Roma Travellers are the largest ethnic minority community in the European Union with over 12 million people.
- In the UK Gypsy Roma Travellers are a recognised ethnic minority community and number 30,000.
- The Department of Health accepts that GRT communities have the worst health and the lowest life expectancy in the country.

Туре	Name	What it's about	Contact details
How to engage with Gypsies and Travellers as part of your work	How to engage with Gypsies and Travellers as part of your work	A toolkit for service providers Leeds GATE (Gypsy and Traveller Exchange) funded by the Department of Health 2011.	Website: www.leedsgate.co.uk/information/p ublications-and-resources/
Toolkit	New entry March 2012		

June is Gypsy Roma Traveller History Month

This is an annual event launched in 2008 and supported by government, to celebrate GRT culture and history and tackle negative stereotyping and prejudice. To find out more about events taking place across the country or for a list of regional contacts and national organisations visit their website listed to the right.

Website: www.grthm.co.uk

Email: patricia@grthm.co.uk

Telephone: 01273 858 746

October is Black History Month

The aims are to:

Promote knowledge of Black History, Culture and Heritage

Disseminate information on positive Black contributions to British Society

Heighten the confidence and awareness of Black people to their cultural heritage.

For more information and details of events and activities taking place across the country visit www.black-history-month.co.uk

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Research

Туре	Name	What it's about	How to get it
Report	Estimating Future Need for Social Care among Adults with Learning Disabilities in England: An Update (2012)	Update to 2008 publication by Eric Emerson and Chris Hatton of estimates of the need for adult social care support among people with learning disabilities in England. Covers the period 2009-2026.	Read the report at www.improvinghealthandlives.org.u k/publications/1029/Estimating_Fut ure_Need_for_Social_Care_among Adults_with_Learning_Disabilities in_England: An_Update

Туре	Name	What it's about	How to get it
	New entry March 2012		
Centre for Disability Research CCEDR Estimating future Numbers of Adults with Profound Multiple Learning Disabilities in England First Ensure First Ensur	Estimating future numbers of Adults with Profound Multiple Learning Disabilities in England, Eric Emerson, Centre for Disability Research Project (CeDR) (2009) Updated March 2012	The report was conducted by CeDR at Lancaster University on behalf of the Department of Health (DH). The aim of the project was to estimate change in the future number of adults with profound multiple learning disabilities in England over the period 2009 - 2026. It builds on previous work undertaken estimating future care needs for adults with learning disabilities.	Website (Publications section): www.dh.gov.uk/en/Publicationsand statistics/Publications/PublicationsP olicyAndGuidance/DH_103201 Email: cedr@lancaster.ac.uk
JARID STATE OF THE STATE OF TH	A randomised controlled trial of Specialist Liaison worker model for young people with intellectual learning disabilities and mental health needs (2005) Foundation for People with Learning Disabilities	A randomised controlled trial of specialist liaison worker model for young people with intellectual learning disabilities with behaviour and mental health issues. Journal of Applied Research in Intellectual Difficulties 2009, pp.22, 256-263 by Raghu Raghavan, Rob Newell and Fozia Waseem. See: University of Bradford School of Health Studies articles.	Available online at: http://onlinelibrary.wiley.com/doi/10. 1111/j.1468- 3148.2008.00457.x/abstract

Туре	Name	What it's about	How to get it
Beyond We Care Putting Black Currer in the Picture Report	Beyond we care too - Putting black carers in the picture Afiya Trust and National Black Carers and Care Workers Network (2008)	This report builds on the original 2002 document 'We care too' (a good practice guide for supporting black carers and the result of a joint initiative by the Afiya Trust and the National Black Carers and Care Workers Network) and presents the results of the survey to review the needs and experiences of carers and carer support services for BME communities. The report is aimed at Health and Social Care policy makers and practitioners working locally or nationally, in mainstream generic services or government and the third sector as well as community representatives, workers and activists from BME communities.	Website: www.afiya-trust.org.uk Email: info@afiya-trust.org.uk Telephone: 020 7582 0432 ISBN: 0954228847
Empowering Benkinghank malgored and religion continuely organic medicals Walking Continuely medicals Walking Continuely medicals Walking Continuely medicals Continuely me	Empowering Birmingham's migrant and refugee community organisations Jenny Phillimore, Lisa Goodson, Deborah Hennessy and Ergul Ergun (2009)	An exploration of how migrant and refugee community organisations (MRCOs) can be supported and trained to collect evidence from their communities that will help influence policy and service provision.	Website (Publications section): www.jrf.org.uk/publications/migrant- refugee-community-organisations

Туре	Name	What it's about	How to get it
Engaging with filack and minority ethnic communities about the Mental Capacity Act Mental Capacity Act Mental Capacity Act Report	Engaging with Black and Minority Ethnic Communities about the Mental Capacity Act Jayasree Kalathil and Rowan Myron (November 2008)	Very little is known about how the MCA is understood by black and minority ethnic communities. This report is based on interviews with representatives from thirteen BME organisations with local and national remits and makes recommendations about what needs to be done to increase awareness of the Act and ensure that people from BME communities engage with and benefit from the Act.	Website: www.mentalhealth.org.uk /publicatio ns/?entryid5=65968&char=E
Report	Evaluating Support Services for school leavers with learning disabilities with special reference to Ethnicity Neil Small and Nicole Pawson, University of Bradford (2006)	This Department of Health funded study aims to identify the impact of ethnicity on service usage and to consider this in the context of social inclusion for school leavers with learning disabilities in Bradford.	Email: n.a.small@bradford.ac.uk or n.p.pawson@bradford.ac.uk Telephone: 01274 236 446
Nottingham City Council Report	Nottingham City Learning Disability Partnership Board	Outcomes of research into the needs and issues for adults with learning disabilities from black and minority ethnic communities and their carers. June 2007 – June 2008 Easy Read and Community Language versions available on request.	Download from: www.nottinghamcity.gov.uk/CHttpH andler.ashx?id=8080&p=0

Туре	Name	What it's about	How to get it
Report	No One Knows - Prisoners' Voices – Jenny Talbot, Prison Reform Trust	Presents the findings of a major survey of prisoners with learning disabilities and learning difficulties, which explored their experiences of the criminal justice system.	Website: www.prisonreformtrust.org.uk Email: prt@prisonreformtrust.org.uk Telephone: 020 7251 5070
Pisability History History Report	Views and experiences of older family carers of people with learning disabilities with special reference to ethnicity Raghu Raghavan (2007)	This study commissioned by Mencap explores the views and experiences of twenty five older family carers (50+) of people with learning disabilities from White and South Asian Communities (Indian, Pakistani and Bangladeshi) in Bradford. Themes explored include, housing, friendships and relationships, social life, short breaks, day activities for carers, support services and future planning. Key findings and recommendations are made.	Email: raghu.ragavan@northumbria.ac.uk
Journal article	Cultural and Race Issues in Sexuality Work with people with learning disabilities by Malholtra & Mellan (1996)	Seema Malholtra is also writing a paper on 'Arranged Marriages' with Kent University. Contact Seema via the Sexual Support Team (formerly CONSENT) for further information and details of intended publication date.	From journal 'Tizard Learning Disability Review', Pier Professional, Vol. 1, no.4. October 1996 See also Training

Туре	Name	What it's about	How to get it
Disability & Society Journal article	Family Carers' views of services for people with learning disabilities from black and ethnic minority groups: a qualitative study of 30 families in a south London borough by J Hubert (2006)		From journal 'Disability and Society' 21 (3), pp.259-272

Research Proposals Relating to Ethnicity

Туре	Name	What it's about	How to get it
Research Project	ARC - Here to Stay 5 year research project with the University of Wolverhampton (2010) Updated March 2012	A Big Lottery Funded research project aimed at gaining a better understanding of the needs, attitudes and expectations of people with learning disabilities from established BME and new migrant communities. They wish to understand what happens to migrant people when they come to the UK and the demands on learning disability services. The research project intends to answer two particular questions:	Website: www.arcuk.org.uk Email: contact.us@arcuk.org.uk Telephone: 01246 555 043

Туре	Name	What it's about	How to get it
		What are the current and projected numbers of people from new communities in England requiring support from learning disability services?	
		How can the learning disability, voluntary and community sector engage with them to promote well-being and improve life chances?	
		Bridget Fisher from ARC and Dr Chris Barnes, Research Fellow at the University of Wolverhampton are working with Prof. David Sallah, at the Centre for Health and Social Care Improvement (CHSCI), University of Wolverhampton.	
Research Project	Crossing Cultural Boundaries: An Ethnography of Services for Chinese People with Learning Difficulties by Martin Partridge BA (Hons), PGDip, MA	The aim of this research is to understand the ways in which both Chinese and Anglo English organisations perceive and include Chinese adults with learning difficulties and explores the experiences this group has of using such services. This PhD thesis is due for completion in April 2012 and will provide cultural and practice recommendations to promote the development of appropriate services for Chinese adults with learning difficulties.	Martin Partridge, Norah Fry Research Centre University of Bristol, School for Policy Studies, 8 Priory Road, Clifton, Bristol, BS8 1TX. Website: www.bristol.ac.uk/norahfry Email: martin.partridge@bristol.ac.uk Telephone: 0117 331 0987

Resources - including books, articles, DVDs, Bulletins, toolkits

Туре	Name	What it's about	How to get it
Books	Books Beyond Words Updated March 2012	Books beyond words can be used by people who speak different languages because the stories are told entirely in pictures. They can also be used by carers and professionals working with people with learning disabilities. Suggested storylines and supportive text can be found at the back of each book.	Website: http://www.rcpsych.ac.uk/publications.aspx See their website for Chinese and Spanish translations of some titles.
foundation for people with learning disabilities Report	Reaching out to Families Project (due out in April 2012) Updated March 2012	People with learning disabilities and families from black and minority ethnic communities experience inequalities in health/social care. The Reaching out to Families Project 'walks' with the third sector and health and social care through Action Learning to develop good practice, capacity, reach, local and national representation and sound learning to influence policy and practice. The report is based on action learning in four sites looking at examples of good practice of how to reach families from different communities.	Website: www.learningdisabilities.org.uk Email: cburke@fpld.org.uk

Туре	Name	What it's about	How to get it
clear thoughts Project	Clear Thoughts Updated March 2012	Clear Thoughts is the name for the 'mental health in learning disability knowledge centre' project that is supported by the Mental Health Foundation, Mencap, Turning Point and others.	Website: www.clearthoughts.info For more information email via the website
		This project is for individuals, their families and front line social care staff and provides information about mental health and learning disability.	
		The Clear Thoughts website gives clear and accessible information on lots of issues about mental health, including positive mental health, the differences between mental ill-health and learning disability as well as specific information about bipolar disorder, dementia and depression.	
	Candle Project (CAHMS)	The website also has information on some of the possible treatments of mental ill-health and related factors such as sensory impairment, ethnicity and autism. Each section of Clear Thoughts has links to files and other helpful websites.	
		Conclusions from the Candle Project (on mental health, learning disability and ethnicity) can be downloaded from the website.	

Туре	Name	What it's about	How to get it
Fairing people from Causing and Descring and Descring Medicary Services Ser	Putting People first: Equality and Diversity Matters 2 - Issue 8 (August 2008) Updated March 2012	Providing appropriate services for black and minority ethnic people. This comprehensive bulletin includes items on key issues in equality and diversity, specific issues for black and minority ethnic people using services, good practice information, an action checklist and a list of resources.	Website: www.thinklocalactpersonal.org.uk/ library/Resources/Personalisation /Localmilestones/Putting_people_fi rst_Equality_and_Diversity_Matter s_2.pdf
Speaking Up for Myself First Myselfor James Ball Book Book	Speaking Up for Myself Sheila Hollins, Jackie Downer, Linette Farquarson and Oyepeju Raji, illustrated by Lisa Kopper (from the Books without Words series) (2002) Updated March 2012	The content of this book without words is described as: 'Having a learning disability and also being from an ethnic minority group feels like a 'double whammy' because it can make it even more difficult to get good services. The people in this story show how these difficulties can be overcome. In the first part three friends get what they want in a café by being assertive and not giving up easily. The second part tells the story of a young woman who is having problems dealing with her bank. It shows that if people are not satisfied with the way they are treated, or with the service they are given, then they need not deal with it on their own. Someone they trust can be brought in to help them.'	Website: http://www.rcpsych.ac.uk/publications.aspx Telephone: 020 7235 2351 Price: £10 Details: ISBN-13: 9781901242799 See their website for Chinese and Spanish translations of some titles.

Туре	Name	What it's about	How to get it
DVD	Faith in Practice Foundation for People with Learning Disabilities (2006)	A DVD about Including people with learning disabilities in faith communities and what their faith means to them, indicating how faith communities can be more inclusive and the ways in which they may need to be supportive.	Website (publications section): www.learningdisabilities.org.uk Telephone: 0207 803 1101 Price: £12.50 for professionals, £7.50 for family carers See also the Judith Trust
DVD	Linking with Families Foundation for People with Learning Disabilities (2006)	A DVD for professionals and organisations providing support to people with learning disabilities and mental health needs. It focuses on the experiences of families from two South Asian communities and describes outcomes of a pilot using a liaison worker to support families and facilitate better access to services.	Website (publications section): www.learningdisabilities.org.uk Telephone: 0207 803 1101 Price: £10 OUT OF PRINT
DVD	Care About Racism Advance Housing (2008)	Aims to support people with learning disabilities to gain a greater understanding of different cultures.	Website: www.advanceuk.org Email: info@advanceuk.org Telephone: 0116 255 3200 Price: £20 plus VAT
	CEMC BME Learning Disabilities DVD	DVD showing perception and understanding of learning disability amongst African communities. The DVD can be used as a community training tool but also gives agencies a better understanding of	Website: www.cemcnorthants.org/index.php/ projects/bme-learning-disabilities (includes DVD clip)

Туре	Name	What it's about	How to get it
DVD	New entry March 2012	the barriers to work in this area with this community.	Email: Christine.freeman@northamptonco llege.ac.uk or cfreeman@northamptonshire.co.uk Telephone: 07540 668 287 See also CEMC
Praying LiOr.	Praying with Lior, Ruby Pictures (2007)	This film follows Lior, a young man with Down's Syndrome as he prepares for his Bar Mitzvah. THE film aims to raise awareness of the needs of Jewish people with learning disabilities, their carers and families to be involved in Jewish spiritual and communal life.	Website: www.prayingwithlior.com Email: prayingwithlior@hotmail.com See also The Judith Trust
The Children's Society Website Resource	The Refugee Toolkit The Children's Society (2008)	A free online toolkit which was launched in March 2008, by The Children's Society, to support all practitioners. Filled with information and resources, a toolkit for all practitioners working across education, health, adults and children's services as well as the voluntary sector, who are supporting young carers in refugee asylum seeking families.	Website: www.refugeetoolkit.org.uk
School of an appeal of a street of a stree	The Ethnicity and Inequalities in Health and Social Care Journal	This journal looks at tackling inequalities in social care. Articles can be downloaded from some of the volumes or it is available on subscription from Pavilion MetaPress Journals.	Website: www.metapress.com/content/1214 00

Туре	Name	What it's about	How to get it
Journal			Email: info@pavilionjournals.com Telephone: 01273 783720 See also Journal article
Journal article	A randomised trial of ethnicity and stigmatised attitudes towards learning disability and alcoholism G Asamoah et al (2009)	A randomised trial of ethnicity and stigmatized attitudes towards learning disability and alcoholism. G Asamoah et al (2009)	From journal 'The Ethnicity and Inequalities in Health and Social Care' Pavilion, Vol.2 no.2 July 2009 See also Journal
mencap Mencap	Reaching Out - working with black and minority ethnic communities (Birmingham Mencap)	This DVD highlights the barriers that family carers from BME communities face in accessing services for their sons and daughters.	Birmingham Mencap Telephone: 0121 427 5703
Mencap Project	Inform Me	Mencap Research Project to identify the information needs of families of children and adults with a learning disability from 4 BME communities - Pakistani, Polish, Somali and Chinese. Is Information Enough is the first report looking at the information needs of the Pakistani community – see below.	Website: www.mencap.org.uk Email: lucy.virgo@mencap.org.uk for details

Туре	Name	What it's about	How to get it
Is information enough?	Is information enough? by Alastair Ray and Jez Buffin with Oi Mei Li and Lucy Virgo	A report by Mencap and the University of Central Lancashire about the information, help and support families of people with a learning disability from Pakistani communities want.	Download from www.mencap.org.uk/sites/default/fi les/documents/2011- 02/2010.433%20Inform%20Me_FI NAL.pdf
NATIONAL HOUSING FEDERATION Book	Accommodating diversity: housing design in a multicultural society (December 1998)	This book provides guidance on designing homes that cater in a non-exclusive way for the needs of households from minority ethnic, religious and cultural groups.	Website: www.housing.org.uk Email: info@housing.org.uk Telephone: 020 7067 1010 Price: £19.95 List price, £14.95 Member price
Information book for prisoners with a disability This how will give you information about prison the and what you can get halp to do things. 2009 BOOK	Information book for Prisoners with a disability (2009)	Offender Health and The Prison Reform Trust have recently published two books for prisoners with a disability. The first is a short easy to read version (blue book) for prisoners with a learning disability; the second (purple) has more detail for prisoners on their health, daily life, how to get help in prison and on release. The full version is on CD and is available to download in 26 languages.	Website (Information booklets prisoners section): www.prisonreformtrust.org.uk Email: prt@prisonreformtrust.org.uk Telephone: 020 7251 5070

Туре	Name	What it's about	How to get it
Cubural Awareness Book	Leicestershire Cultural Awareness Book Compiled by Khadijah Chowdhury	An excellent resource which provides some basic information about the needs of different communities, their cultures and religions. The handbook serves as a guide for staff to learn more about diverse cultures, different cultural etiquettes and to shape future policies that promote cultural awareness, tolerance, harmony and mutual respect amongst diverse populations. Contents include sections on Islam, Hinduism, Sikhism, the Bangladeshi, Pakistani, Indian, Somali, Iranian and Yemeni communities.	Website: www.humanrightsandequalitiescha rnwood.org Email: info@humanrightsandequalitiescha rnwood.org for further information Telephone: 01509 261 651
Who makes up the South West? Booklet	South West TUC – Who makes up the South West? The facts around the region's population and migration. (2009)	This booklet contains information on population diversity in the South West region. Plymouth has a small Chinese and Iraqi Kurdish community, Trowbridge has around 700 Moroccans who came to work in the 1960's. Bournemouth has a significant Korean population along with Portuguese; there are Bangladeshi and Filipino communities in Salisbury and Indians in Swindon. Polish communities have long histories in the region along with the Irish. There is also a glossary of terms and definitions relating to Asylum Seekers, Refugees and Migrant Workers as well as a section on Migrant Myths and a brief history of Asylum in the UK.	Website: www.tuc.org.uk/extras/myths06.pdf Email: southwest@tuc.org.uk Telephone: 0117 947 0521

Туре	Name	What it's about	How to get it
Supporting Learning Disability Patrieship Boads to Implement the National Gare's Strategy The American Control of the Control The American Control The Amer	Supporting Learning Disability Partnership Boards to implement the National Carers Strategy (2009)	This booklet offers guidance to Learning Disability Partnership Boards to help them ensure views of people with a learning disability are heard, and carers with learning disabilities are supported in their own right and involved in local service developments which affect their lives, and the lives of the people they care for.	Download from: www.dh.gov.uk/en/Publicationsand statistics/Publications/Publications PolicyAndGuidance/DH_106396 or order through DH publications online or by telephone 0300 123 1002
ARC guids for services— Supporting disabled young people from black and interiority ethnic commission to on shallhood. settend learnings through the transition to shallhood. Settend learnings through the transition to shallhood. BOOKlet	BME Transition Guide for Local Authorities 2009/10	Published by the Transition Information Network (TIN) and produced by David Grundy, Lesley Dean and Bridget Fisher from ARC.	www.transitioninfonetwork.org.uk Contact Bridget Fisher Bridget.Fisher@arc.org.uk or contactus@arcuk.org.uk
The National Charter for Inclusion Attended Above the district when the same with contribution to the latter to t	Giving Us A Voice Project 2009-11 National Charter for Inclusion	This eighteen month project ended in March 2011. It was funded by the Department of Communities through their Tackling Race Inequality Fund and was the result of a joint bid by ARC, BILD and Mencap. The aim of the project was to involve people with learning disabilities, their families and Carers from minority ethnic communities in regional meetings to	To view the Charter and/or Regional Plans or sign up yourself, visit their website at: www.givingusavoice.org.uk or contact Bridget Fisher at ARC Bridget.Fisher@arc.org.uk

Туре	Name	What it's about	How to get it
Charter		inform local policy makers about what they need and expect from services.	
		A Charter for Inclusion was drawn up from the meetings and local policy makers and service providers challenged to sign up.	
Getting Involved Apatric Information of payer with some procedure from the following from the following flow April 100 and the foll	Getting Involved. A guide for families of people with learning disabilities from BME Communities, supporting the GUAV Charter.	The guide was written as part of the GUAV Project 2009 – 11 and is for people from BME Communities who have family members with a learning disability. It includes information on: Getting involved in decisions that affect people with learning disabilities – What you can do. Getting involved with services in your area Getting involved in Regional and National Groups Where to find out more.	See www.givingusavoice.org.uk

Useful Networks and Organisations

Туре	Name	What it's about	Contact details
THE ARIVA TRUST Organisation	Afiya Trust	The Afiya Trust is a London based, Black and Ethnic Minority (BME) led, second tier organisation with a nation-wide remit to reduce inequality in health and social care provision for racialised groups. Catalyst, their quarterly magazine, is available via the website.	Website: www.afiya-trust.org.uk E mail: info@afiya-trust.org Telephone: 0207 582 0400
CARC Organisation	Association for Real Change (ARC)	ARC is a membership organisation, which supports providers of services to people with a learning disability to promote real change. Visit their website to view projects they are currently involved in.	bridget.fisher@arc.org.uk Website: www.arcuk.org.uk Email: contact.us@arcuk.org.uk Telephone: 01246 555043
bild 40 years 1971-2011 Organisation	British Institute of Learning Disabilities (BILD)	Provides training for paid staff, people with learning disabilities, family carers and others. Works with government and public bodies, does research and project development to develop and share good practice. People with learning disabilities and their families are involved in all aspects of their work.	Website: www.bild.org.uk Email: enquiries@bild.org.uk Telephone: 01562 723 010
CARERS UK the voice of carers Organisation	Carers UK	Improves carers' lives through research, information provision and campaigning.	Website: www.carersuk.org Email: info@carersuk.org Telephone: 020 7378 4999

Туре	Name	What it's about	Contact details
The Children's Society Organisation	The Children's Society	The Children's Society is a leading children's charity committed to making childhood better for all children in the UK.	Website: www.childrenssociety.org.uk Email: supporteraction@childrenssociety. org.uk Telephone: 0845 300 1128
Contact a family for families with disabled children Organisation	updated entry March 2012	Contact a Family is a UK-wide charity providing advice, information and support to the parents of disabled children, no matter what their disability or health condition. It enables parents to get in contact with other families, both on a local and national basis. Contact a Family's freephone helpline can help with any issue affecting parent carers of disabled children aged 0 – 19 and has access to an interpreting service via Language Line with over 170 languages. Contact a Family has launched the only countrywide advice service for Special Educational Needs (SEN) – The SEN National Advice Service. This service will help families whose child may have special educational needs – we will be able to	Website: www.cafamily.org.uk Helpline (open from 9.30am -5pm Monday to Friday): 0808 808 3555 The SEN National Advice Service: www.cafamily.org.uk/families/SEN.html

Туре	Name	What it's about	Contact details
		their child's education. Help is available through the helpline, or post a query on Facebook or Twitter and a SEN adviser will get back to you. Contact a Family also has some of its publications translated into community languages available via this link: www.cafamily.org.uk/translations.html	
foundation for people with learning disabilities Organisation	The Foundation for People with Learning Disabilities (FPLD)	The Foundation for People with Learning Disabilities works to promote the rights, quality of life and opportunities of people with learning disabilities and their families.	Website: www.learningdisabilities.org.uk Email: fpld@fpld.org.uk Telephone: 020 7803 1100
mencap Organisation	Mencap	A UK wide charity working with and on behalf of people with a learning disability and their families and carers.	Website: www.mencap.org.uk Email: information@mencap.org.uk Telephone: 020 7454 0454
mental health foundation Organisation	The Mental Health Foundation	A leading UK charity working in mental health and learning disabilities. They bring together teams to undertake research, develop services, design training, influence policy and raise public awareness within one organisation. Provides free information on a range of mental health issues for policy, professionals and public audiences, and	Website: www.mentalhealth.org.uk Email: mhf@mhf.org.uk Telephone: 020 7803 1100

Туре	Name	What it's about	Contact details
		free awareness-raising materials.	
THE AFIYA TRUST Organisation	The National Black Carers and Carers Workers Network (NBCCWN)	The National Black Carers and Carers Workers Network (NBCCWN) works with the Department of Health (DH) and others to ensure the views of Carers from BME communities are heard and integrated.	Contact the network via the Afiya Trust Website: www.afiya-trust.org.uk Telephone: 020 7582 0400
niden The National Learning Dudnity and Ethiology Nationals Organisation	The National Learning Disability and Ethnicity Network (LDEN)	The National Learning Disability and Ethnicity Network was set up to run a good practice / information sharing network on all initiatives concerned with Learning Disability and Ethnicity.	Website: www.lden.org.uk

Training

Туре	Name	What it's about	How to get it
capacity builders Training	Capacity Builders 'Improving Reach 2008 – 11' Updated March 2012	ARC has been working with BME Voluntary Community Sector (VCS) organisations to develop protocols to improve access to, and knowledge of, the training needs of the BME VCS learning disability sector. ARC held a series of Capacity Building 'Training for All' Events and after wide consultation developed suggested protocols for	For more information contact ARC. www.arcuk.org.uk

Туре	Name	What it's about	How to get it
		training delivery organisations and BME third sector organisations.	
as one Training	Cultural Issues in Sexuality Work	Course offered by Seema Malhotra as part of the training programme run by the Sexuality Support Team (formerly CONSENT)	Website: www.hertspartsft.nhs.uk Email: Sue.Seiter@Hertspartsft.nhs.uk Telephone: 01923 670 796
Wilson to the Educity Triang Network Training	Ethnicity Training Network	Offers cultural competence in health and social care training. See their website for details of this and other work	Website: www.etn.leeds.ac.uk Email: etn@leeds.ac.uk Telephone: 0113 343 4832
Training	North West Training and Development Team - Various courses	The North West Training and Developmental Team runs various courses including 'Dealing with Stress', 'Understanding the Equality Act' and 'Promoting Inclusive Communities'. Contact them for details of current and/or planned training.	Website: www.nwtdt.com Email: info@nwtdt.com Telephone: 01254 306 850 Events manager Danielle Johnson; email: danielle.johnson@pathwaysassociates.co.uk Telephone: 07950 617457

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It's Everybody's Business: Legislating for Equality

Legislating for Equality: In this section you will find information on:

- How Bills Become Acts
- Autism Act
- Equality Act
 - Race Relations Amendment Act
- Equality and Diversity
 - o Equality and Human Rights Commission (EHRC) New Equality Act Guidance
 - Equality Act 2010: What do I need to know? Quick start Briefs
 - Equality and Human Rights Commission
 - Equality South West
- Forced Marriage Civil Protection Act 2007
- Human Rights
 - o Key messages from Valuing People Now
 - British Institute of Human Rights (BIHR)
- Human Rights Act
- Human Rights UN Convention on the Rights of Persons with Disabilities
- Mental Capacity Act
- NHS and Social Care Bill
 new section March 2012

How Bills Become Acts

Bills become Acts when they have passed all stages within both Houses of Parliament and receive Royal Assent. Once this has happened, Acts are published simultaneously in print and online. Full texts of Bills can be found on the UK Parliament website, www.parliament.uk. To see what stage a Bill has reached on its passage through Parliament see the "Public Bills before Parliament" list in House of Commons 'Weekly Information Bulletin'. For more information about tracking the progress of legislation see www.opsi.gov.uk/legislation/tracking-legislation.

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Autism Act 2009

What is it?	Where to find more information
The Act ensures the better provision of information about the numbers of people with autism and their needs to improve local planning and delivery of services. Key Areas: Introduces a requirement for local authorities to collect data on the number of people with autism Places a duty on the Secretary of State to promote the provision of services and support for people with autism by local authorities and NHS bodies Introduces a requirement for local authorities to ensure effective transition from child to adult services	www.legislation.gov.uk/ukpga/2009/15 www.dh.gov.uk/en/Publicationsandstatistics /Publications/PublicationsPolicyAndGuidan ce/DH_122847 See also NAS Autism Support, Tower Hamlets, and Autism Strategy - Fulfilling and rewarding lives: The strategy for adults with autism in England. www.autism.org.uk/working-with/autism- strategy/the-autism-strategy-an- overview/adult-autism-strategy.aspx

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Equality Act

What is it?	Where to find more information
The Equality Act received Royal Assent in the Spring of 2010. The Act places a duty on public authorities to tackle discrimination, promote equality of opportunity and encourage good community relations. It brings disability, sex, race and other discrimination under one piece of legislation and protects carers by outlawing discrimination by association.	To view the act, see www.legislation.gov.uk/ukpga/2010/15/cont ents http://homeoffice.gov.uk/equalities/
Protected Characteristics:	www.stammeringlaw.org.uk
There are nine protected characteristics covered by the Equalities Act. They are: • Age • Disability • Gender Re-assignment • Marriage and Civil Partnership • Pregnancy and Maternity • Race • Religion and Belief • Sex • Sexual Orientation	For more about Protected groups – what behaviour is unlawful, as well as who has responsibility under the Act e.g. Providers of Public Functions See: www.equalityhumanrights.com/advice-and-guidance/new-equality-act-guidance/ten-key-questions-about-the-act/
Public Sector Equality Duty (April 2011)	See also the EHCR website, www.equalityhumanrights.com for
General Duty – there are three aims:	examples of challenges.
 To eliminate discrimination, harassment and victimisation To advance equality of opportunity To foster good relations 	
This means removing or minimising disadvantage suffered by people due to their	

What is it?	Where to find more information
protected characteristics (this includes disability and ethnicity), taking steps to meet the needs of people from protected groups where these are different from the needs of other people and encouraging people from protected groups to participate in public life or in activities where their participation is disproportionately low.	
Public Bodies - Definition	
Includes Courts and Tribunals as well as Local Authorities and NHS Bodies. Public Bodies must act in a way that is compatible with human rights legislation. See also 'Carrying out public functions' under Human Rights Act. See Section 145 Health and Social Care Act 2008 'Providers of services under sections 21(1)(a) and 26 of the National Assistance Act 1248 (i.e. providers of residential and nursing home care to residents whose care has been arranged by social services) are to be taken as carrying out public functions for the purposes of the Human Rights Act 1998.'	

Race Relations Amendment Act

What is it?	Where to find more information
The 1976 Race Relations Act was amended in 2000 to give public authorities a new statutory duty to promote race equality i.e. to provide fair and accessible services and to promote equality of opportunity and good relations between persons of different racial groups. Voluntary or private providers with local authority contracts also need to comply with these duties. *The duties under the RRA are now included within the Equalities Act.	www.opsi.gov.uk/acts/acts2000/ukpga_200 00034_en_1.htm to view the act www.opsi.gov.uk/acts/acts2000/en/ukpgae n_20000034_en_1 for explanatory notes

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Equality and Diversity

Туре	Name	What it's about	Contact details
Equalities National Council Report	Manifesto for change and inclusion of Black and Minority Ethnic (BME) disabled people, their carers and families. New entry March 2012	Released by the Equalities National Council, the manifesto aims to highlight how services can help empower disabled BME people and their families.	Website: www.encweb.org.uk/contactus.html Available to download from: www.afiya- trust.org/images/files/reports/stop_l ook.pdf Tel: 020 7474 9812
Website resource	Equality Act Guidance – Public Sector Equality Duty Guides (Dec 2011 and Jan 2012) New entry March 2012	The guides provide an overview of the equality duty including the general equality duty, the specific duties and who they apply to. They cover what public authorities should do to meet the duty including steps that are legally required and recommended actions. All the guides have been revised.	Available at : www.equalityhumanrights.com/advic e-and-guidance
Equido ad Illows Eglo Consision should note to Advocacy in social care for groups protected under equality legislation	Equality and Human Rights Commission Research Report 67 from EHRC Research Report Series, Winter 2010. ISBN 978 1 84206 3293	Advocacy in Social Care for groups protected under Equality legislation	www.equalityhumanrights.com/uplo aded files/research/research repor t 67 advocacy in social care for groups protected under equality legislation.pdf For further information see

Туре	Name	What it's about	Contact details
Report	Updated March 2012		www.equalityhumanrights.com/publ ications/our-research/ Email: research@equalityhumanrights.co m Telephone: 0161 829 8500
Report	Institute for Public Policy Research, Dr. Phil McCarvill Updated March 2012	Who's Still Missing? Refugees, migrants and the equality agenda, July 2011 A report for the Equality and Diversity Forum (EDF).	Available at: www.edf.org.uk/blog/wp- content/uploads/2011/07/EDF- Report Whos-Still-Missing May- 2011 Web 2.pdf See also EDF Research & Briefings. Briefings for Public Authorities and for Refugee and Migrant Community Organisations.
Fairing people fine: Causing and Diseasing Methors Sourmal	Putting People first: Equality and Diversity Matters 2 - Issue 8 (August 2008) Updated March 2012	Providing appropriate services for black and minority ethnic people. This comprehensive bulletin includes items on key issues in equality and diversity, specific issues for black and minority ethnic people using services, good practice information, an action checklist and a list of resources.	Website: www.thinklocalactpersonal.org.uk/ I ibrary/Resources/Personalisation/L ocalmilestones/Putting people first Equality and Diversity Matters 2 .pdf

Туре	Name	What it's about	Contact details
Fairing section from Equation (Constitution of Constitution of	In Focus: Putting People First: Diversity and Equality Matters (CSCI) Updated March 2012	Series of bulletins designed to help service providers address the personalisation agenda in social care	Website: http://www.scie-socialcareonline.org.uk/profile.asp?guid=afabc8bf-0daa-42f3-a58f-da7d71012037
What equality Law means for your	Equality Act Guidance 2010	Contains key information for employers, workers, service providers, service users and education providers.	Available to download from www.equalityhumanrights.com
Website resource	Equality and Diversity Forum	Equality Act 2010: What do I need to know? The Equality and Diversity Forum (EDF) is a network of organisations committed to equal opportunities, social justice, good community relations, respect for human rights and an end to discrimination based on age, disability, gender and gender identity.	Website: www.edf.org.uk Email: info@edf.org.uk See: www.equalities.gov.uk See also Summary Guides from Government Equalities Office
Equality and Human Rights Commission	The Equality and Human Rights Commission (EHRC)	The EHRC came into force on 1 October 2007. The new commission brings together and builds on the work of the three previous equality commissions – the Equal Opportunities Commission, The Commission for Racial Equality	Website: www.equalityhumanrights.com Email: info@equalityhumanrights.com

Туре	Name	What it's about	Contact details
Organisation		and the Disability Rights Commission. The EHRC works to eliminate discrimination, reduce inequality, protect human rights and build good relations and to ensure that everyone has a fairer chance to participate in society. Examples of recent legal challenges can be	Telephone: 0207 407 7557
		found on the Equality and Human Rights website.	
Race Equality Foundation Organisation	Race Equality Foundation	The Race Equality Foundation promotes Race Equality by exploring what is known about discrimination and disadvantage and developing interventions to overcome barriers and promote Equality.	Website: www.raceequalityfoundation.org.uk
Equality SouthWest Stronger Together	Equality South West (ESW)	Promoting Equality, Diversity, and Human Rights in the South West of England.	Website: www.equalitysouthwest.org.uk
Organisation		ESW is England's first regional cross strand Equality and Diversity body. It provides the south west region with quality information on legislation and rights and makes links with other equality organisations. They host a Migrant Workers Project that promotes best employment practice, encourages English courses and helps voluntary	Email: info@equalitysouthwest.org.uk Telephone: 01823 250811 See: Directory of Migrant Workers Support Services in the South West Website: http://equalitysouthwest.org.uk/infor
			http://equalitysouthwest.org.uk/i

Туре	Name	What it's about	Contact details
		groups and advises the Migrant Worker Forum on trends and key issues. ESW produces a quarterly newsletter detailing information about their work as well as regional and national equalities issues.	grantworkers/migrant-workers esw-activity
Valuing People New Report	Equality Impact Assessments	The process by which organisations examine their activities in order to minimise the potential for discrimination. See Example: North Somerset Council's Equality Impact Assessment undertaken in Oct 08 together with key targets and actions for 2009.	See Race Equality Impact Assessment for Valuing People Now www.lden.org.uk/page9/page75/file s/5KeyAreas.pdf
	Race Equality Councils	A countrywide network.	Each region has its own website - search online for Race Equality Councils
Report	Delivering Race Equality in Mental Health: a Review Department of Health (December 2009)	This review looks back at the work of the Delivering Race Equality (DRE) programme as it's five years ended and describes some of the key challenges, successes and learning. It also describes how DRE's work is taken forward under New Horizons.	See: www.dh.gov.uk/en/Publicationsand statistics/Publications/PublicationsP olicyAndGuidance/DH_4139351

Forced Marriage Civil Protection Act 2007

What is it?	Where to find more information
The Act came in to force in November 2008. Under the Act where a forced marriage has or is about to take place, courts can make Forced Marriage Protection orders to protect the victim or potential victim and enable them to be removed from that situation. For details of the types of injunctions courts are able to employ follow the link to the right. Third parties can apply for an injunction through the county courts as well as the high courts.	http://bit.ly/a163na to view the Act http://bit.ly/9Jl2Tm for explanatory notes

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Human Rights

Key Messages from Valuing People Now: 'This strategy is written from a human rights based approach, on the fundamental principle that people with learning disabilities have the same human rights as everyone else ...'

Туре	Name	What it's about	Contact details
BiHR bringing rights to life Online guide	Human Rights in your Community New entry March 2012	This online guide produced as part of BIHR's three year 'Human Rights In the Community Project' (2010 – 2012) was funded by the Equality and Human Rights Commission. It includes useful information, case studies and resources, as well as tips for community groups and organisations to understand and use human rights in their daily work.	www.bihr.org.uk/documents/guides/human-rights-in-your-community-online-guide For more information about the project contact: Sonia Omar Telephone: 0207 54 90563 Email: somar@bihr.org.uk

Туре	Name	What it's about	Contact details
THE AFIYA TRUST Campaign and report	Living in the Margins (2012) New entry March 2012	Afiya Trust – 'Living in the Margins' is a social media based campaign empowering the most vulnerable groups led by the Afiya Trust, to alleviate health inequalities for BME families in a climate of cuts.' An interim report looking at the impact of public sector cuts on BME families and voluntary and community groups is available to view online. The full report will be published in summer 2012.	Available to view at: http://livinginthemargins.org/category/keyfindings/
BiHR bringing rights to life Organisation	The British Institute of Human Rights (BIHR)	The BIHR is a Human Rights Organisation committed to challenging inequality and injustice in everyday life in the UK. They support people to use Human Rights principles and standards to improve their own lives and as a tool for organisations to develop more effective public policy and practice. Examples of challenges using the Human Rights Act can be found on the BIHR website.	Website: www.bihr.org.uk Email: info@bihr.org.uk Telephone: 020 7848 1818
BiHR bringing rights to life Booklet	The Human Rights Act – Changing Lives, 2nd edition, December 2008	'Changing Lives' includes 31 case studies that show the variety of ways in which the Human Rights Act is being used by groups and individuals to challenge poor treatment and through this to improve their own and others quality of life.	Website: www.bihr.org.uk/documents/policy/ the-human-rights-act-changing- lives There are other Human Rights guides available online and in other formats and other languages

Туре	Name	What it's about	Contact details
			e.g. French, Farsi and Arabic. For more information contact Lucy on lbentley@bihr.org.uk or 020 7549 0567
Booklet	A guide to the Human Rights Act (2008)	A booklet for people with learning disabilities. Guides to the act are also available in other languages including Arabic, Cantonese, French, Gujurati, Polish, Punjabi, Somali, Tamil, and Urdu.	Website: http://www.justice.gov.uk/download s/human-rights/human-rights-act- learning-disabilities.pdf
Booklet	Making sense of human rights – a short introduction (2006)	This guide is designed for officials in public authorities to assist them in working with the Human Rights Act 1988. It gives a brief introduction to human rights for use in straight forward situations.	Website: www.justice.gov.uk/guidance/huma nrights.htm Telephone: 020 3334 3734 Email: humanrights@justice.gsi.gov.uk
	Using the law to fight cuts to disabled children's services. A practical guide for campaigners, disabled people, families, Carers and local groups. Steve Broach, Barrister at	Both authors specialise in cases involving disabled adults and children and others who need care and support from public bodies. "This paper is intended to help campaigners — including parents and carers — understand how the law can be used to help fight cuts to valued services for disabled children in their area.	Website: http://www.edcm.org.uk/media/8260 /using the law to fight cuts.pdf

Туре	Name	What it's about	Contact details
	Doughty Street Chambers, and Kate Whittaker, Solicitor at Irwin Mitchell, April 2011	Although the focus is on disabled children's services, many of the legal principles will apply to services for disabled adults and other groups. The paper is intended to be read by those who do not have a legal background. However, any family or local group who are considering legal action in relation to actual or proposed cuts to services should not rely only on this paper but should seek specialist advice, including legal advice."	

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Human Rights Act

What is it?	Where to find more information
The Human Rights Act 1998 came into force in October 2000. It makes the main articles from the European Convention on Human Rights enforceable under national law in the UK. This means that although we have always had rights set out in the Convention you may now rely on them directly in the UK courts. (In the past people in the UK who thought their rights had been breached had to take their case to the European Court of Human Rights in Strasbourg.) The Human Rights Act can be viewed in the following other languages; Arabic, Cantonese, French, Gujarati, Polish, Punjabi, Somali, Tamil, Urdu and Welsh. The Human Rights Act 1998 Article 12 protects the right of people with learning disabilities	www.opsi.gov.uk/acts/acts1998/ukpga_19 980042 en_1 to view the act See also www.hmcourts-service.gov.uk www.direct.gov.uk/en/Governmentcitizens andrights/Yourrightsandresponsibilities/D G_4002951 for The Human Rights Act in other languages www.pmldnetwork.org/resources/Human

to marry – 'Men and women of marriageable age have a right to marry and found a family according to the national laws governing the exercise of this right'.

Social Housing Tenants and the Human Rights Act

'The court found that some Registered Social Landlords (such as Charities, Companies or Co-operatives that provide social housing will now be treated as public authorities and subject to the Human Rights Act. These landlords will now be required to have a regard to a tenants human rights e.g. the right to private and family life and right to a fair trial when deciding whether to make an eviction order.'

%20Rights%20report%202008%20easyre
ad.pdf easy read version of act
See the Equalities and Human Rights
Commission website for details (June

2009)

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Human Rights UN Convention on the Rights of Persons with Disabilities

What is it?	Where to find more information
 The Convention provides a range of rights for disabled people including: Equal treatment and non-discrimination (articles 5 & 12) Accessibility and the removal of barriers (article 9) Protection from abuse and exploitation (article 16) Liberty of movement (articles 18 & 20) Right to live independently (article19) Right to privacy, marriage and parenthood (articles 22 & 23) 	www.un.org/en for more information on the Act. To read more of Luke Clements article, including information about the likely impact of the Convention go to www.communitycare.co.uk and see Luke Clements - Conventional Wisdom, 5 June 2008, or to view the Convention go to www.un.org/disabilities/default.asp?id=150

- Right to inclusive education (article 24)
- Right to participation in cultural life (including sport) (article 30)

The Convention came into force in May 2008 and was ratified by the UK at the end of the year. 'Although UN conventions are not directly enforceable in domestic courts or tribunals – they are referred to when difficult questions need to be resolved or ambiguous provisions need to be interpreted.' (Clements, Luke 2008)

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Mental Capacity Act

What is it?	Where to find more information
The Mental Capacity Act (MCA) 2005 is supported by practical guidance see: MCA Code of Practice which explains how the Act operates on a day to day basis with examples of best practice for Carers and Practitioners. Areas not covered by the Act – Decisions concerning family relationships (section 27)	The Act can be viewed at www.legislation.gov.uk/ukpga/2005/9/cont ents The Code of Practice can be found at
Nothing in the act permits a decision to be made on someone else's behalf on the following matters:	www.justice.gov.uk/guidance/protecting- the-vulnerable/mental-capacity-act/
Consenting to marriage or a civil partnership	For contact details of the Office of the
Consenting to sexual relations	Public Guardian see www.justice.gov.uk/global/contacts/opg.ht
Consenting to a decree of divorce on the basis of two years separation	<u>m</u>
Consenting to the dissolution of a civil partnership	
There are other decisions which are excluded.	

See also Mental Capacity Act Booklets:

Making decisions: A guide for family, friends and other unpaid carers

Making decisions – a guide for people who work in health and social care.

Making decisions – A guide for lawyers and advice workers. Making decisions about your health, welfare or finance. Who decides when you can't? An Easy Read Guide.

Booklets available on request in other languages and other formats.

The booklets are also available online at

www.justice.gov.uk/guidance/protecting-the-vulnerable/mental-capacity-act/

To order telephone: **0870 600 5522**

See also Research – Engaging with Black and minority ethnic communities about the Mental Capacity Act

Туре	Name	What it's about	Contact details
Using the Mental Capacity Act A resource for families and friends of people with learning disabilities WHEN THE PROPERTY OF T	Using the Mental Capacity Act: A resource for families and friends of people with learning disabilities. updated March 2012	This resource is the outcome of a joint project between Hft's Family Carer Support Service (FCSS), The Foundation for People with Learning Disabilities (FPLD) and the National Family Carer Network (NFCN) and was funded by the Social Care Institute for Excellence (SCIE) This resource has been developed specifically for family and friends of people with learning disabilities, using knowledge gained through practical experience since 2007, so that they understand how the Act affects them and those they care about.	This and clips of the accompanying DVD are available on Hft's website at http://www.hft.org.uk/Supporting-people/family-carers/Resources/MCA-guide/

Туре	Name	What it's about	Contact details
Action plan	Delivering Race Equality in Mental Healthcare	A five year action plan for achieving equality and tackling discrimination in mental health services in England for all people of Black and Minority Ethnic (BME) status, including those of Irish or Mediterranean origin and East European migrants.	Website: www.dh.gov.uk/en/publicationsand statistics/publications/publicationsp olicyandguidance/dh_4100773 (Publications section)
		The Action Plan was based on three building blocks:	
		The development of more appropriate and responsive services	
		More community engagement including the recruitment of 500 new Community Development Workers	
		Better Information more intelligently used.	
Guidance	Applications to the Court of Protection in relation to tenancy agreements	The Mental Capacity Act and Tenancy Agreements The Court of Protection has produced guidance on how to make applications in relation to signing or terminating tenancy agreements on behalf of adults who lack the mental capacity to understand or sign the agreement themselves.	www.mentalhealthlaw.co.uk/image s/COP guidance on tenancy agr eements June 2011.pdf

NHS and Social Care Bill

What is it?	Where to find more information
NHS Reform – The Health and Social Care Bill received Royal Assent and will become Law by the end of March. More than 1,000 amendments were tabled during the passage of the Bill. New section March 2012	For the latest news on health and social care reform view the DH web channel at http://healthandcare.dh.gov.uk For a quick guide to the main changes to the way in which health services will be managed and delivered see:
	http://healthandcare.dh.gov.uk/context/quickguide/ For a guide to the role of Health and
	Wellbeing Boards see http://www.carersuk.org/media/k2/attachme http://www.ca
	Also see Guardian Comment March 2012 for further detail http://www.guardian.co.uk/society/2012/mar/15/nhs-100-voices-introduction

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Knowing your Local Population

Routes to knowing who's in your community and how to reach them

Other people will be doing this work too. It's important to make use of local 'intelligence' and what is happening beyond the learning disability field.

In this section you will find information on:

- Joint Strategic Needs Assessments JSNA
- Suggestions for Mapping and Finding Out About Your Community
- Valuing People Ethnicity Framework

 New section March 2012
- South West TUC
 - o Who Makes Up the South West?
 - The Facts around the region's population and migration
- The Census
- Count Me In Census
 - National Mental Health and Learning Disability Ethnicity Census

Joint Strategic Needs Assessments

- Knowing your local population is essential for doing Joint Strategic Needs Assessments (JSNA)

'Since April 2008, local authorities and PCTs have been under a statutory duty to produce a JSNA. JSNA will inform Local Area Agreements and the Sustainable Communities Strategy.

The Operational Framework for the NHS in England 2008/2009 refers to the importance of JSNA in informing PCT Operational Plans. JSNA underpins a number of the World Class Commissioning Competencies.

The Process of JSNA will establish the current and future health and well being needs of a population, leading to improved outcomes and reductions in health inequalities. This is a partnership duty which involves a range of Statutory and non-statutory partners, informing commissioning and the development of appropriate sustainable and effective services.' Department of Health, 6 May 2010.

See also National Archives at

http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/Managingyourorganisation/JointStrategicNeedsAssessment/index.htm

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Suggestions for mapping and finding out about your community

You may be able to find out about your community through:

- Carers Networks groups that support and represent carers e.g. National Family Carer Network and Carers Trust
- Community Learning Disability Nurses /teams. These include care managers, occupational therapists, psychologists, physiotherapists, speech and language therapists etc.
- Community Champions
- Community Safety projects
- Disability specific organisations e.g. National Autistic Society and Mencap
- Equalities Officers who promote positive practices and attitudes towards particular groups
- English for speakers of other languages (ESOL)
- Faith communities groupings of people belonging to the major world religions and those who follow other forms of religious expression

- GP Practices
- Health Networks NHS Reform means that new Health and Wellbeing Boards are to be established. The government proposes to remove Local Involvement Networks' (LINks) statutory status and establish a non-statutory body (although it will retain some statutory duties). (See National Association of Link Members at www.pals.nhs.uk). Local authorities and LINks have until April 2013 to work with local health experts and volunteers to establish the local HealthWatch. The new local health bodies will be the consumer champions for patients, service users and the public.
- Learning Disability Partnership Boards your Local Authority may have a Partnership Board whose role is to make sure that the ideas in 'Valuing People Now' are being used to make life better for people with learning disabilities.
- Local/Regional Race Equalities Councils Network of regional organisations set up to challenge discrimination
- Local authority Learning Disability Registers
- Migrant Workers Groups
- Observatories are funded by the Regional Development Agency and exist to promote good policy and development information.
 They are used most by local authorities and policy makers. They are separate from the Office of National Statistics but have close links to them. As the information produced differs from region to region it is worth contacting the Local Intelligence Network (LIN) of the region in which you are located for up to date population profile information.
- PALS (Patient Advice and Liaison Service) see www.pals.nhs.uk for information about the future of PALS
- Parent Partnership Services Services to help parents who have children with special education needs
- · Refugee Organisations
- Regional Development Agencies
- · Translation and Interpreting services
- Voluntary Sector (Third Sector) Organisations

Valuing People Ethnicity Framework

Туре	Name	What it's about	Contact details
Valuing People Now: a new three-year strategy for people with learning disabilities tokang it bugue the entyper Action Plan	Updated version of the Valuing People Ethnicity Framework (To be published April 2012) New section March 2012	In order to improve the access and inclusion of minority and seldom heard communities we need to know the local population and the best ways of engaging and supporting all communities. We also need to understand the needs and anxieties of people from BME communities as well as the gaps in current service provision. It is hoped that this updated "Framework for Action" will provide some important ideas as to how this can be improved across both rural areas, (where there is still a need to identify the needs of newly arrived) and largely unknown communities and inner city areas where there may be higher concentrations of diverse communities and therefore some local expertise.	Website: www.learningdisabilities.org.uk Email: cburke@fpld.org.uk

South West TUC

Туре	Name	What it's about	Contact details
Who makes up the South West? The decisioned the region population and regions book	South West TUC – Who makes up the South West? The facts around the region's population and migration. (2009)	This useful booklet contains information on population diversity in the South West Region. Plymouth has a small Chinese and Iraqi Kurdish Community. Trowbridge has around 700 Moroccans who came to work in the 1960's. Bournemouth has a significant Korean population along with Portuguese. There are Bangladeshi and Filipino communities in Salisbury and Indians in Swindon. Polish communities have long histories in the region along with the Irish. This is just some of the information you will find in this booklet together with a glossary of terms and definitions relating to Asylum Seekers, Refugees and Migrant Workers as well as a section on Migrant Myths and a brief history of Asylum in the UK.	Website: www.tuc.org.uk/extras/myths06.pdf Email: southwest@tuc.org.uk Telephone: 0117 947 0521

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The Census

What is it?	Where to find more information
Census	Website: www.statistics.gov.uk
The Census is a survey which provides a detailed picture of the whole population.	Telephone :01329 444972

What is it?	Where to find more information
In England and Wales the Census is planned and carried out every 10 years by the Office of	www.ons.gov.uk/ons/guide-
National Statistics, which in the interim produces more recent data and information such as	method/census/2011/get-
Social Surveys. You will be able to get a more up to date profile of your local population from	data/index.html
them - their Customer Services Department will direct you to staff who can help you track down the information you need. The last official Census took place on 27 March 2011. The results of this won't be available until July 2012 with further estimates to come in 2013. A	A more detailed ethnic classification is available if required.
calendar of release dates of data will be available in March 2012 on the ONS website.	Contact: Census Customer Services
	Office for National Statistics (ONS)
	01329 444972 (Phone)
	01633 652981 (Fax)
	01329 444517 (Minicom)
	Census.CustomerServices@ons.gsi.go v.uk
	Room 4300S, ONS, Segensworth Road, Titchfield, Hampshire, PO15 5RR

Population Profiles

It is very common to find that organisations and agencies, including Carers' Centres and Statutory Service Teams are not using effective monitoring systems and do not have an accurate sense of their population profile.

It is difficult to get complete information about the ethnicity of a population, so it is important to use a range of routes to be sure when you are planning and delivering services you are remembering the diversity of individuals and communities - established and newly arrived, living in your area.

You can get population information from the Office of National statistics (ONS). The last census for England and Wales was on 27 March 2011 and involved around 25 million households. Data is available via other routes e.g. Social Surveys and via Regional Observatories linked to, but separate from, the ONS. Local Intelligence Networks known as LINS should be able to give more up to date population profile information.

New categories

There were new categories in the 2011 census but they may not capture everyone for a number of reasons e.g. the process may not be accessible so people aren't registered, individuals may not identify with any of the category choices or might not wish to identify themselves.

Getting a fuller picture

Statistics are important but they do not tell you everything. To get a fuller picture talk to people so you can get an idea of the diversity of those they are working with, or potentially could be working with, and where the gaps might be.

Think of talking to:

- Voluntary Sector Organisations
- Community Specific Organisations where they exist
- Race Equality Councils
- Translation and Interpreting Services
- Equalities Officers
- Faith Communities
- Parent Partnership Services
- GP Practices
- Health Networks
- Community Learning Disability Teams

- Learning Disability Partnership Boards (if your Local Authority still has one) Ethnicity Subgroup if there is one
- Patient Advice and Liaison Services (PALS)
- Carers networks
- Community Development workers
- Community Champions
- Community Safety Projects
- Community Mentoring Services
- ESOL Services
- Migrant Worker Groups
- Disability Specific Organisations
- Refugee Organisations

This list is not exhaustive and is in no particular order.

NB. The Princess Royal Trust for Carers and Crossroads Care (now merged to form Carers Trust) carried out a scoping exercise to look across the country at support they give to BME carers. They have identified areas of good practice and have developed a set of guidelines for their staff to consider, to enable better outreach, information, and support to BME families.

Count Me In Census

What is it?	Where to find more information
Count Me In Census	Website: www.countmeinonline.co.uk/
This is the National Mental Health and Learning Disability Ethnicity Census that took place every year from 2005 – 2010.	To View Count Me In Results visit
Count me In was the only census in the UK that included all inpatients in mental health services. It was also the only time that all inpatients in learning disability health services are recorded. Because every inpatient was included, it allowed comparisons to the population to be made and so provided unique information.	Website: http://www.cqc.org.uk/organisations-we- regulate/mental-health-services/count- me-2010-census
This Census enabled agencies to:	Email: census@cqc.org.uk
 Highlight inequalities in access and outcomes that may affect inpatients from Black and Minority Ethnic Communities, or their Carers 	Telephone: 0115 943 7100
 Study how people's hospital stays are managed. For example whether those from BME communities are more likely to be detained under the Mental Health Act, or be subject to seclusion or restraint. 	Contact the Census Team on countmein@cqc.org.uk or 0115 873 6250
Provide evidence for national debates about mental health and learning disability service provision to different communities	Updated March 2012
Provide information that supports positive action and change at local level.	

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Good Practice Examples

In this section you will find examples of good practice:

- Avon
- Hampshire
- Lincolnshire
- London Borough of Kensington and Chelsea

Avon - Good Practice Example

Туре	Name	Contact details
Health	Delivering Race Equality in Mental Health NHS Bristol	Report available online at www.swdc.org.uk/silo/files/the-story-so-fardelivering-race-equality-in-mental-health-care.pdf Email: Programme Manager Martin Rees marvin.rees@bristol.nhs.uk Telephone: 0117 900 2207 See also Communication Section – Community Radio item for another example of good practice from this team.

What is it about?

The DRE Action Plan is the result of a series of reviews of mental health services and outcomes for BME communities who were experiencing inequality at every stage of service provision from access to experience and outcomes. The Action Plan calls for more appropriate and responsive services, better community engagement and the provision of better information. Although the programme has ended the team continue to work to ensure equitable delivery of services. DRE community development workers covering Bristol, Gloucestershire and North Somerset facilitated delivery of the plan and were crucial to its success.

As part of their work a network of community reporting centres was established to provide an easy point of contact for BME communities to register complaints and concerns about their experiences of NHS Services. The network of centres was developed by community development workers Mohammed El-Sharif and Mark Baker from the delivering race equality in mental health care programme. Mohammed is also part of the NHS Bristol PALS team. He has been successful in ensuring that complaints are fed back to Commissioners and those planning and delivering services. This has proved to be an effective way of engaging with communities and learning about their concerns which ranged from translation issues, staff rudeness, maternity practices and the fear by some members of the Somali community that their organs would be stolen during operations. Demonstrable changes have resulted from this work.

There are now twenty six reporting centres many of which are community specific and include Somali, Polish, African Caribbean and Chinese Communities. The reporting centres have further developed to become communication centres through which health information is gathered and exchanged. This work has received national recognition and the NHS Acorn Alliance Award for public and patient involvement. This is an excellent model that can be replicated elsewhere. Learning disabilities is part of the equalities agenda and we hope will be included in all aspects of this work.

Hampshire – Good Practice Example

Туре	Name	Contact details
Hampshire County Council Project	Ethnic Minority Learning Disability Project Updated March 2012	Website: www3.hants.gov.uk/adult-services/carechoice/disability/learndis/emld.htm Telephone:

What is it about?

In Hampshire there are over one hundred different ethnic groups but few formed community groups.

The Ethnic Minority Learning Disability Project was started in 2005 in two locations and extended in 2007 to cover the whole county. It aims to be a two way link between individuals with a learning disability, their families and service providers. It also includes two groups for BME people with learning disabilities in the south of the county in Fareham and another in the North of the county, both called Proud2B.

On offer are social opportunities, a chance to have fun and celebrate each other's language and culture without being seen as 'different'. Those attending the group are encouraged to be proud of and talk about their cultural background, a benefit of this has been increased confidence and the chance to use self-advocacy skills. Families have been involved with their relatives in work with the Recreation and Heritage Department around projects linked to recording oral history. People with learning disabilities have interviewed and recorded members of local BME groups and built exhibitions of their findings. This has helped publicise the EMLD project and Proud2B groups to other community groups in a positive way, thus avoiding the stigmas attached in some communities to learning disability issues.

The Proud2Be group no longer meets however there are two new groups running as a result of this group. These include former members. For more information about the Basingstoke Group contact Linda Rapacioli, linda.rapacioli@virgin.net or Erica Arnold, erica@newforestromanygypsytraveller.co.uk about the New Forest 'Next Steps' Group.

Lincolnshire - Good practice example

Туре	Name	Contact details
Lincolnshire COUNTY COUNCIL ORganisation	EMC – Equality for Minority Communities Updated March 2012	Website: www.lincolnshire.gov.uk/parents/schools/sen/support-services/equality-for-minority-communities/ Participation and Inclusion Children's Services Team Manager: Jill Chandar-Nair Telephone: 01427787190 Email: emas_lincs@lincolnshire.gov.uk

What is it about?

EMC works closely with Lincolnshire Parent Partnership Services and takes referrals from them. They have run a programme for community supporters, mainly about education. The people on the training came from their own communities. EMC has passed the community supporters on to the Race Equality Council and hope to get them trained up in Health, Welfare and Education. The issues brought to them are usually related to a lack of knowledge of what service providers can offer. They use a range of approaches and have small focus groups going out to supplementary schools. They have links with the Chinese community and the Gypsy traveller community.

London Borough of Kensington and Chelsea - Good practice example

Туре	Name	Contact details
Project	Migrant and Refugee Communities Forum (MRCF) Learning Disabilities Outreach Project (June 2008 - June 2009)	Website: www.mrcf.org.uk Email: francesca@mrcf.org.uk Telephone: 020 8962 3048

What is it about?

- Funded by the local authority and independently
- Duration of project: June 2008 2009
- Post of Project Co-ordinator funded for 1 day (7 hours) a week

Aims of the Project:

- Identification and signposting of individuals and families from Migrant and Refugee community groups
- Better promotion of services to people with learning disabilities and their carers from the above and other BME groups in the borough.
- Improved access to services and the Community Learning Disability Team (CLDT)
- Promote a better understanding and awareness of learning disability

Some issues that emerged:

The focus of the project had to be frequently redefined because of the following:

- · Lack of and variations in levels of community awareness and understanding of learning disability
- Learning disability awareness raising needed
- support needed for community leaders to improve their understanding of learning disability to enable them to identify those families in need of support.
- Work was needed to promote a better understanding and awareness of health and social care systems
- CLDT had to tailor their expectations of increased referrals from these groups recognising that engagement, awareness raising and capacity building was needed before this likely to take place. Thus a longer term approach was required.

Advisory Group

Key stakeholders from the borough, learning disability service providers, learning disability advocacy services and community leaders met six times a year to offer ideas, make suggestions and support the project. This was one of its' major points of strength providing an opportunity for community leaders and professionals to meet and exchange ideas. Interesting initiatives took place as a result of the work of this group.

Some of these included:

- The sharing of a learning disability 'checklist' used by the CLDT to assist them in identifying individuals with a learning disability.
- A speech and language professional appointed by the team, delivered training and workshops alongside the MRCF worker to BME community group members. Visits to explain the list facilitated positive contact between the community group (in this case the Hodan Somali Community) and the CLDT.
- The development of a model for training and sharing information on learning disabilities for community groups.

The purpose of the training was to help participants to support vulnerable clients in different ways and expand their contacts with organisations and services in the borough. Another aim, to facilitate access to community groups for professionals working in the CLDT, was achieved by offering direct contact with community leaders so that relationships could be made and the opportunity for future

partnership working was created. Participants also met people with learning disabilities and experienced the activities and services available to them.

- A series of 'learning afternoons' took place which included learning about safeguarding vulnerable adults, information on personalisation and self-directed support, identification of carers and sources of support for carers of people with learning disabilities, learning disability awareness, cultural awareness and the assessment process.
- Training ESOL Teachers
 - Members of the CLDT team delivered training to teaching staff from colleges and other organisations to increase their knowledge of learning disabilities and help them to identify and support migrant and refugee students with learning disabilities.
- The six community organisations who took part in learning disability training were: Al-Hasaniya, Ethiopian women's empowerment group, Hodan Somali group, Midaye Somali Development network, Sudanese Mothers for Peace, Umoja Pamoja. These included 'learning afternoons'

Many professionals from other boroughs have contacted the project to learn about their innovative approaches to work with migrant and refugee communities.

A lot has been learnt that could be applied more broadly by local authorities about how best social service departments can engage and work with community groups, build relationships of trust and effective partnerships.

More recommendations were highlighted by an external evaluation of the project to provide an independent view on what can be done next to promote partnership work and communication between Community Learning Disability Teams and Community groups in the borough.

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